



G.V.M GIRLS COLLEGE SONIPAT

National Service Scheme

ANNUAL REPORT 2025-2026

Dr. Manjula Spah
Principal
GVMGC

Ms. Ruchika Vermani
Programme Officer
NSS UNIT, GVMGC

G.V.M. GIRLS COLLEGE, SONEPAT

NATIONAL SERVICE SCHEME

“Not Me, But You”

ANNUAL REPORT 2025-26

The NSS Unit of GVM Girls College, Sonapat, is committed to empowering youth to drive national progress while uplifting underprivileged communities. Focused on the holistic development of both its volunteers and society, the NSS Cell works tirelessly to raise awareness on critical social issues among local residents.

Throughout the 2025-26 session, the NSS Unit organized impactful initiatives such as awareness drives, educational programs, and health camps. Strengthening partnerships with local NGOs and community organizations, the unit aims to enhance its outreach efforts. Collaborative projects emphasizing education, healthcare, and environmental sustainability highlight the NSS Unit's dedication to meaningful and sustained community development.

As the unit looks forward to another year of service and transformation, it remains steadfast in its mission to create a more inclusive and equitable society. Through unwavering dedication, innovative approaches, and strong collaborations, the NSS Unit continues to make a lasting impact, reflecting the true essence of volunteerism.

Principal Dr. Manjula Spah has been a constant source of inspiration and strength for the NSS unit, guiding it toward excellence with her visionary leadership and unwavering support. Her encouragement, motivation, and active involvement in NSS activities have helped create a culture of discipline, service, and commitment among volunteers. Under her guidance, the NSS unit has grown remarkably, organizing impactful programs that promote social responsibility, leadership, and holistic development. Her dedication to nurturing young minds continues to empower volunteers to strive for excellence and serve society with sincerity and pride.

This report provides a detailed account of the events organized during the session, supplemented by visual documentation such as photographs, newspaper clippings, and a scrapbook. The NSS Unit at GVM Girls College takes immense pride in its extension activities, striving for societal betterment while nurturing a generation of motivated volunteers committed to national service.

Activities Performed for the Session 2025 - 2026

<u>S.No.</u>	<u>Date</u>	<u>Activity organized</u>	<u>Locale</u>
1.	13 April 2025	Blood Donation Camp	Jakhauli, Sonepat
2.	14 April,2025	Online Quiz Competition	Vaish Arya College, Bahadurgarh
3.	14 April,2025	Online Essay Writing Competition	Govt. College,Kheri Gujran (Faridabad)
4.	14 April,2025	National Online Quiz	Goswami Ganesh Dutt Sanatan Dharam College, Palwal
5.	14 April,2025	State Level Poster Making Competition	Indira Gandhi University, Meerpur,Rewari
6.	19 April,2025	Foundation Day Celebrations	MDU,Rohtak
7.	30 April,2025	Bizz Fiesta 2025	Geeta University,Panipat
8.	7 May,2025	Mock Drill & Safety Measure Programme	Conference Hall,GVMGC,Villag es
9.	11 May,2025	Online National Level Essay Writing	Arya Kanya Mahavidyalaya, Shahabad

10.	25 May,2025	Blood Donation Camp	Bahalgarh
11.	5 June,2025	National Youth Environmental & Recycling Competition 2025 on the Occasion Of World Environmental day	Government College for Women, Faridabad
12.	5 June,2025	World Environment Day	GVMGC Campus
13.	6 & 12 June,2025	One Earth One Health - Yoga Day Training	GVMGC Campus
14.	21 June,2025	International Yoga Day Celebration	GVMGC Campus
15.	11 - 13 July, 2025	Leader Development Workshop	Panchkula
16.	10 - 18 August, 2025	Tiranga Yatra	Haryana to Kashmir
17.	13 August,2025	Tiranga Yatra	Lehrara, Sonipat
18	15 August, 2025	Independence Day Celebration	GVMGC, Sonapat
19.	19-22 August, 2025	Leadership and Team Building Training	RGNIYD, Chandigarh
20.	02 September, 2025	Orientation Day - Samvedna Ki Udaan	Gargi Hall, GVMGC
21.	08 September, 2025	Pre - RD Selection Trials	GVMGC Campus

22.	10 September, 2025	Guest Lecture Delivered By Khushi on One Day Orientation Programme	GCW Lakhn Majra, Rohtak
23.	14 September, 2025	State Level Online Essay Writing Competition	Vaish Arya Shikshan Mahila Mahavidyalaya, Bahadurgarh
24.	15 September, 2025	University Level Pre - RD Trial Camp	MDU,Rohtak
25.	16 September, 2025	State Level Essay Writing Competition	Shaheed Smarak Govt. P.G. College, Tiagon, Faridabad
26.	17 September, 2025	Blood Donation Camp	Rusa Hall,GVMGC
27.	17 September	State Level Pre - RD Trial Camp	Meerpur,Rewari
28.	19 September 2025	State Level Veer Gatha Vachan Contest	Vaish college,Bhiwani
29.	20 September, 2025	Awareness Campaign On Nasha Mukut yuva For Viksit Bharat	Auditorium, GVMGC
30.	21 September, 2025	Visit to Rai Balgram : Cloth Donation Drive	Rai Balgram, Sonipat
31.	24 September 2025	NSS Day Celebration	Vishwa Kalyan Sarovar ,Murthal
32.	24 September 2025	Inter College Debate Competition	SRM University Delhi-NCR, Sonipat
33.	24 September 2025	National Level Online Quiz Competition	MDU, Rohtak

34.	24 September, 2025	Video Making Contest On The Occasion Of NSS Day	MDU, Rohtak
35.	24 September, 2025	National Level Essay Writing Competition	Dyal Singh College, Karnal
36.	29 September, 2025	Swachhata Pledge	GVMGC Campus
37.	30 September 2025	Cleanliness Drive	GVMGC Campus
38.	2 October, 2025	International Online Quiz Competition	Hindu Kanya Mahavidyalaya, Jind
39.	03 October, 2025	A Lecture on Social Media	Conference Room, GVMGC
40.	04 October, 2025	Visited Diwali Mela : To support Underprivileged Children	Community Centre (Sector - 12), Sonapat
41.	16 - 17 October, 2025	Audit Report	CRA College , Sonipat
42.	28 October, 2025	National Level Short Film Making	Manohar Memorial College, Fatehabad
43.	29 October - 7 November, 2025	National Adventure Camp	Manali, Himachal Pradesh
44.	4 - 10 November, 2025	National Integration Camp	MDU, Rohtak

45.	7 November, 2025	150th Anniversary of National Song Vande Matram	Conference Hall , GVMGC
46.	11-17 November, 2025	National Integration Camp	Kurukshetra University
47.	14 November, 2025	150th Anniversary of National Song Vande Matram	GVMGC, Campus
48.	27 November, 2025	NSS Orientation Programme and PFMS Training	MDU Rohtak
49.	26 November, 2025	Awareness Campaign on 'Parali Ek Punji'	GVM Girls College
50.	12 January, 2026	Run For Swadeshi - National Youth Day	Seminar Room , GVMGC
51.	20-23 January, 2026	Leadership and Team Building Training Programme	RGNIYD, Chandigarh
52.	26 January, 2026	Republic Day Celebration	GVMGC , Campus
53.	30 January -05 February 2026	Yuva Apda Mitra Scheme	BITS, Mohana
54.	03 February, 2026	Inaugural Ceremony "Special Olympics Bharat"- One Day University Level Camp	MDU, Rohtak
55	04 - 10 February 2026	National Integration Camp	Marwari College, Bhagalpur (Bihar)

56.	16 February, 2026	Training of Programme Officer on Life Skills	Regional Centre, Chandigarh
57.	14 February, 2026	Intellectual Session Delivered By Programme Officer	Govt. College Behrampur, Bapauli (Panipat)
58.	16 - 26 February, 2026	State Level Adventure Camp	Manali, Himachal Pradesh
59.	21 - 27 February, 2026	University Level Camp	Chaudhary Devi Lal University, Sirsa
60.	25 February, 2026	One Day Camp On Social Media And Anxiety	Village , Tharu
61.	27 February, 2026	District Level Viksit Bharat Youth Parliament	SRM University
62.	15 - 21 March, 2026	University Level Camp	Chaudhary Bansi Lal University, Bhiwani

NSS Meetings:

- 5th December 2024 RD Delhi KI Knowledge Institute Training 2 pm - 3.30 pm Umesh Pathak.
- 20th November 2024 Meeting of College PO and Coordinator 4 pm
- Internal Meetings: 14th December 2024 to discuss University level camp date and arrangement.
- 24th February 2026 to discuss One day Camp schedule and arrangements
- 9th March 2026 to discuss Seven day night special camp date and arrangements.

1. Blood Donation Camp

April 13, 2025 Village Jakhauli, Sonipat

In commemoration of Dr. B. R. Ambedkar Jayanti, the NSS Unit of G.V.M. Girls College, Sonipat, in association with Army Blood Bank, New Delhi and Maa Bharati Raktvahini Association, organized a Blood Donation Camp on April 13, 2025, at Chauhan Vatika, Village Jakhauli, Sonipat. The camp was conducted to extend support to the armed forces through voluntary blood donation.

A total of 110 units of blood were collected during the camp, with enthusiastic participation from NSS volunteers and local residents, who came forward with dedication and patriotic fervor to contribute to this noble cause.

The event emphasized the spirit of selfless service and collective effort, as NSS volunteers took charge of organizing, assisting donors, and ensuring the smooth and disciplined execution of every stage of the camp. Their active involvement reflected true commitment to humanitarian and national service.

The camp concluded successfully with words of appreciation and blessings from the Institution's President, Dr. O.P Pruthi, Principal Dr. Manjula Spah and NSS Programme Officer Ms. Ruchika Vermani, who lauded the dedication and teamwork displayed by the volunteers. The NSS Unit expressed its pride in contributing to the Army's welfare and reaffirmed its pledge to continue such purposeful initiatives that strengthen the bond between citizens and the nation.

Purpose: To contribute to the armed forces through voluntary blood donation.

Beneficiaries: Society

Students Involved: 09

Staff In-charge: Ms. Ruchika Vermani, NSS Programme Officer, GVMGC

Category: #Patriotism #VolunteerSpirit #Blood Donation #Social Welfare





भारतीय सेना के लिए 110 रक्तवीरों ने किया रक्तदान



टीम का स्वागत किया। शिविर में 110 लोगों ने रक्तदान किया। संस्था के कानूनी सलाहकार संजय भारद्वाज ने रक्तदाताओं

चौहान, बिजेंद्र चौहान, अमृत चौहान, अमित चौहान, सुनील वत्स व राजा चौहान भी मौजूद रहे।



सोनीपत के गांव जाखौली में लगे शिविर के दौरान रक्तदाताओं के साथ मां भारती रक्तवाहिनी संस्था के सदस्य व अन्य। स्रोत : संस्था

2. Participation in Quiz Competition

April 14,2025

**Vaish Arya College,
Bahadurgarh**

To celebrate the birth anniversary of Dr. B. R. Ambedkar, the NSS volunteers of G.V.M. Girls College, Sonipat participated in an online quiz competition organized by Vaish Arya Shikshan Mahila Mahavidyalaya, Bahadurgarh (Haryana). The event aimed to spread awareness about the remarkable life, ideals, and contributions of Dr. B. R. Ambedkar, the chief architect of the Indian Constitution and a visionary social reformer. Several NSS volunteers from our college actively took part in the competition, displaying keen knowledge and admiration for Dr. Ambedkar's principles of equality, justice, and education. A total of 13 students from our college qualified for certificates, marking a proud moment for the institution.

Purpose: To honor Dr.B.R. Ambedkar's legacy and promote awareness of his ideals.

Students Involved: 03

Staff Incharge: Ms. Ruchika Vermani, NSS Programme Officer GVMGC

Category: #Educational Engagement #Awareness #VolunteerSpirit

Certificates :

<https://drive.google.com/file/d/1GRT3X6m6mASxAkQX8rsnoQT1S7dvdKI-/view?usp=sharing>



3. Participate in Eassy Writting Competition

**April 14, 2025 Govt College, Kheri Gujran
(Faridabad)**

A proud NSS volunteer Alankrita Tyagi, B.A Final Year, GVM Girls College distinguished herself by securing the Second Position, in an Online Essay Writing Competition organized by the National Service Scheme (NSS) unit Government College, Kheri Gujran (Faridabad) bringing honor to the institution.

To solemnize the birth anniversary of Dr. B. R. Ambedkar, the NSS volunteers of the institute participated whole heartedly. The competition was held on the theme "Dr. B. R. Ambedkar A Symbol of Knowledge, Struggle, and Equality." The competition emphasized originality, depth of thought, and relevance to the theme. It aimed to encourage students to explore and express Dr. Ambedkar's enduring contributions toward equality, education, and social reform. Through their participation, the students showcased their understanding of his ideals and their ability to translate them into powerful written expression.

The participants received appreciation from the President of G.V.M Group of Institutions, Dr. O. P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani, whose encouragement and guidance motivated them to take part wholeheartedly in this academic initiative. Their recognition further inspired the volunteers to continue participating in such constructive and value-driven activities.

Purpose: To enhance writing skills, and honor the ideals of Dr. B. R. Ambedkar.

Beneficiaries: Students and Society

Students Involved: 02

Prize Recipient: Ms. Alankrita Tyagi - Second Position

Staff Incharge: Ms. Ruchika Vermani, NSS Programme Officer GVMGC

Category: #Academic Excellence #VolunteerSpirit #Creativeyouth

निबंध लेखन स्पर्धा में अलंकृता रही उपविजेता



GOVERNMENT COLLEGE KHERI GUJRAN FARIDABAD

NATIONAL SERVICE SCHEME



Certificate of Participation

This is to certify that Mr/Miss *ALANKRITA TYAGI* from *GVM GIRLS COLLEGE SONIPAT* of Class *B.A. Final* Roll no *221214* has participated in Online Essay Writing Competition on "*Dr. B.R. Ambedkar: A Symbol of Knowledge, Struggle, and Equality*" dated 14.04.2025 and got 2nd Position.

NSS Programme Officer

Dr. Dushyant Kumar

Dr. Sabina Singh

4. Winners in National Quiz Competition

April 14, 2025

**Goswami Ganesh Dutt Sanatan
Dharam College, Palwal**

The NSS volunteers of G.V.M. Girls College, Sonipat actively participated in the National Level Online Quiz titled "Know Your Babasaheb," organized by Goswami Ganesh Dutt Sanatan Dharam College, Palwal, National Service Scheme (NSS) unit to commemorate the birth anniversary of Dr. B. R. Ambedkar. A total of 18 NSS volunteers from our college participated in the event, and 6 volunteers Alankrita (B.A. 3rd Year), Tannu (B.A. 1st Year), Palak Verma (B.Com 1st Year), Khushi (B.A. Geography 1st Year), Swati (B.A. Geography 1st Year), and Isha (B.Com (Hons.) 2nd Year) were awarded certificates of merit for their commendable performance in the quiz.

The competition aimed to enhance awareness about the life, values, and monumental contributions of Dr. B. R. Ambedkar, the principal architect of the Indian Constitution and a champion of social equality and justice. The NSS volunteers displayed keen interest and understanding of Dr. Ambedkar's ideals through their active participation and performance in this national-level quiz.

The participants received blessings from the Institution's President, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani, who commended their enthusiasm and intellectual engagement. Their motivation and guidance inspired the students to uphold the values of knowledge, service, and national unity.

Purpose: To showcase the knowledge and skills of NSS volunteers.

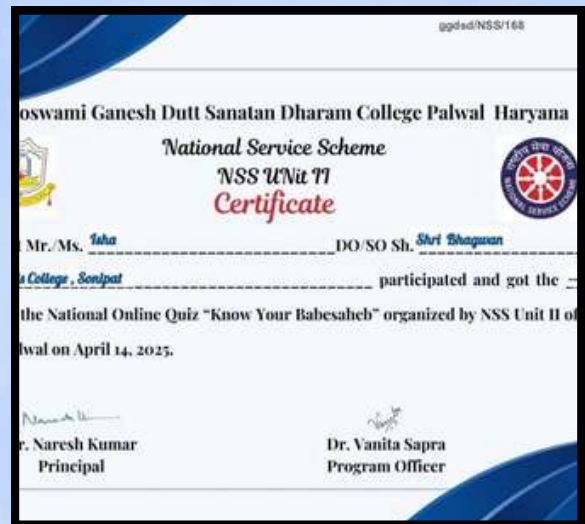
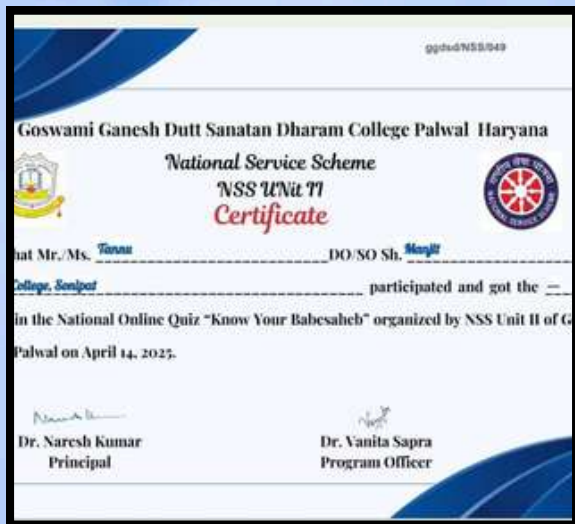
Beneficiaries: Volunteers

Students Involved: 18

Staff Incharge: Ms. Ruchika Vermani, NSS Programme Officer GVMGC

Category: #Integration #Culture #VolunteerSpirit #Quiz #Knowledge

Result :



5. State Level Poster Making Competition

April 14, 2025

**Indira Gandhi University,
Meerpur (Rewari)**

The NSS volunteers of G.V.M. Girls College, Sonipat enthusiastically participated in the State Level Poster Making Competition organized by National Service Scheme (NSS) unit, Indira Gandhi University, Meerpur (Rewari), to reminiscence the birth anniversary of Dr. B. R. Ambedkar. The competition was held on the theme "Life, Struggle, and Contribution in Nation Building."

A total of seven NSS volunteers Sakshi (B.A. Geography), Alankrita Tyagi (B.A. 3rd Year), Palak Verma (B.Com 1st Year), Khushi (B.Com (Hons.) 3rd Year), Kashish (B.Com (Hons.) 3rd Year), Nisha, and Isha (B.Com (Hons.) 2nd Year) - represented the college and were awarded Participation Certificates for their commendable entries in both E-Poster and Handmade Poster categories.

The competition aimed to honor Dr. Ambedkar's enduring legacy as a social reformer, jurist, and principal architect of the Indian Constitution. The participants showcased not only their artistic skills but also their awareness of Dr. Ambedkar's vision for an inclusive and progressive India.

The volunteers received blessings and appreciation from The Institution's President, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani, who lauded their efforts and artistic expression. Their encouragement inspired the students to continue participating in such meaningful cultural and educational initiatives.

Purpose: To foster cultural exchange, artistic skills, and awareness of Dr. B. R. Ambedkar's contributions.

Beneficiaries: Students and Society

Students Involved: 07

Staff Incharge: Ms. Ruchika Vermani, NSS Programme Officer GVMGC

Category: #Studentinvolvement #Cultural Expression #VolunteerSpirit

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Alankrita Tyagi

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Kashish

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Palak Verma

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Nisha

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Isha

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

INDIRA GANDHI UNIVERSITY, MEERPUR, REWARI
NATIONAL SERVICE SCHEME

State Level Poster Making Competition
 on
 Birth Anniversary of Baba Saheb Bhim Rao Ambedkar
 April 14, 2025

Theme:
 Dr. B.R. Ambedkar: Life Struggle and Contribution in Nation Building

Certificate
 Of Participation

This certificate is proudly presented to
Khushi

Actively participated in the State Level Poster Making Competition organized by the National Service Scheme of Indira Gandhi University, Meerpur-Rewari on the occasion of the Birth Anniversary of Baba Saheb Dr. B.R. Ambedkar for creative efforts and dedication in portraying the inspiring life and contributions of Dr. B.R. Ambedkar are deeply appreciated.

Sandeep Kumar
 SANDEEP KUMAR,
 IN-CHARGE, IOU MEERPUR,
 REWARI

Karan Singh
 PROF(DR.) KARAN SINGH,
 PROGRAMME CO-ORDINATOR,
 I.G.U. MEERPUR, REWARI

6. MDU's Foundation Day Celebration

April 19, 2025

**Tagore Auditorium
MDU, Rohtak**

The NSS Unit of G.V.M Girls College, Sonipat, participated in the Golden Jubilee Foundation Day Celebration of Maharshi Dayanand University, Rohtak. The NSS unit, GVMGC had the honor of being a part of this grand occasion graced by the esteemed presence of the Hon'ble Governor of Haryana, Shri Bandaru Dattatreya.

This participation marked a significant achievement for the college, highlighting the commitment and leadership spirit of its NSS volunteers. A team of NSS volunteers Komal (B.A. II), Muskan (B.Sc. N.M. II), Kanika (B.A. Geography Hons. III), Sonakshi (B.A. III), Nidhi Rani (B.A. III), Reema (B.A. I), Harshita (B.A. I), and Radhika Chaudhary (B.A. II) along with the Principal Dr. Manjula Spah and Programme officer Ms.Ruchika Vermani, represented G.V.M Girls College at this momentous occasion.

The event was a celebration of fifty years of MDU's legacy, where NSS played a vital role in representing youth leadership and community spirit. The President of G.V.M Group of Institutions, Dr. O.P. Pruthi, Principal, Dr. Manjula Spah, and Programme Officer, Ms. Ruchika Vermani, extended their heartfelt blessings and appreciation to the participating students for bringing pride to the institution and exemplifying the true essence of the National Service Scheme.

Purpose: To celebrate MDU's Foundation Day and represent NSS

Beneficiaries: Students and society.

Students Involved: 08.

Staff Incharge: Ms. Ruchika Vermani, NSS Programme Officer GVMGC

Category: #Studentinvolvement #VolunteerSpirit

Dignitaries Present: Hon'ble Governor & Chancellor of Haryana, Shri Bandaru Dattatreya; Hon'ble Education Minister, Shri Mahipal Dhanda; Vice-Chancellor, Prof. Rajbir Singh.





to grace the
Foundation Day Celebrations
on **April 19, 2025 at 10:30 AM**
at **Tagore Auditorium, M. D. University, Rohtak**

Chief Guest

Sh. Bandaru Dattatraya

Hon'ble Governor Haryana
Chancellor, M. D. University

Guest of Honour

Sh. Mahipal Dhanda

Hon'ble Education Minister, Haryana

Distinguished Guest

Sh. Kailash Chandra Sharma

Chairperson, Haryana State Higher Education Council

Presided Over by

7. BIZZ FIESTA 2025

April 19,2025

**Geeta University,
Panipat**

The NSS volunteers of G.V.M. Girls College, Sonipat, participated in BIZZ FIESTA 2025 the 8th season of the flagship event organized by the School of Commerce & Business Management at Geeta University, Panipat (Delhi NCR). The event celebrated innovation, entrepreneurship, and strategic creativity. A team of NSS volunteers comprising Anushka (B.Com I), Anuradha (B.A I), Khushi (B.Com Hons. III), and Alankrita Tyagi (B.A III) participated in the Business Plan Competition and secured the Consolation Prize, marking a proud achievement for the college and the NSS Unit. NSS inspires volunteers to step forward, think beyond limits, and turn their ideas into impactful innovations.

The event featured two main competitions Business Plan Presentation and AD Mad Show. The Business Plan segment encouraged teams to propose original business ideas with distinctive brand identities and impactful presentations, while the AD Mad Show tested participants' creativity through live advertisement performances and marketing concepts. NSS volunteers from G.V.M. Girls College displayed remarkable teamwork, analytical thinking, and creativity, leaving a strong impression on the judges and participants alike.

The President of G.V.M. Group of Institutions, Dr. O. P. Pruthi, the Principal, Dr. Manjula Spah, and the NSS Programme Officer, Ms. Ruchika Vermani, extended their heartfelt congratulations to the participants for their commendable achievement and representation at the state-level event.

Purpose: To promote entrepreneurial thinking, teamwork, and leadership among NSS volunteers.

Beneficiaries: Students and society.

Students Involved: 12.

Staff Incharge: Ms. Ruchika Vermani, Programme Officer, NSS, G.V.M. Girls College, Sonipat.

Category: #NSS #Studentinvolvement #VolunteerSpirit #Entrepreneurship





गीता यूनिवर्सिटी के बिज-फियस्टा म जीवीएम को मिला सांत्वना पुरस्कार



बिजनेस प्लान कंपीटिशन में मिला सांत्वना पुरस्कार



8. Mock Drill & Safety Awareness Programme

May 7, 2025

Conference Hall,
GVMGC

In a proactive move towards promoting emergency preparedness, the NSS Unit of GVM Girls College, Sonapat organized a comprehensive Civil Defence Mock Drill Awareness Campaign on Wednesday aimed at sensitizing students and local communities about emergency response protocols.

The awareness session drew participation from 83 volunteers, guided through essential safety measures such as switching off lights, drawing curtains, avoiding the use of mobile phones, staying calm and responding appropriately to alarm sirens. The session focused on fostering a sense of readiness and composure during emergency situations.

Extending their outreach beyond the campus, NSS volunteers visited nearby villages including Bhatgaon, Kakroi and Rai to inform residents about the drill and educate them on civil defence practices. Locals were advised to keep torches handy, avoid panic and refrain from using flashlights, aligning with the standard guidelines.

The campaign was met with strong institutional support. The Chairperson Dr. O.P. Pruthi remarked, "It is time to behave responsibly and support such initiatives wholeheartedly."

The Principal, Dr. Manjula Spah praised the initiative while NSS Programme Officer, Ms. Ruchika Vermani was acknowledged for her coordination efforts. Faculty members, Ms. Meena Kalra and Ms. Rashmi also played vital roles in ensuring the event's success.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-83

Staff in charge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





Sonipat, Haryana, India

Gali Number 4 Mandir Se Back Wali Gali, Sector 61, Badh

GPS Map Camera



Bhatgaon, Haryana, India

130, Bhatgaon, Harvana 131022, India

GPS Map Camera

9. Online National Level Essay Writing Competition

May 11,2025

**Arya Kanya
Mahavidyalya,
Shahabad**

The NSS Unit of GVM Girls College actively participated in the National Level Online Essay Writing Competition organized by Arya Kanya Mahavidyalaya, Shahabad (Haryana) to commemorate National Technology Day. The event was conducted under the aegis of IQAC and the Institution's Innovation Council as a joint initiative of NSS and various academic associations. Our NSS unit enthusiastically marked its presence in this national platform, reflecting its commitment to nation-building and intellectual engagement.

The competition focused on the themes "Role of NSS Volunteers in Viksit Bharat 2047" and "Physical Sciences and Artificial Intelligence: A Pathway to Viksit Bharat 2047." These topics encouraged students to think critically about the contribution of NSS volunteers and the integration of science and AI in shaping a developed India. Representing GVM Girls College, Alankrita, a B.A. 3rd Year student, secured the Second Position and was awarded a cash prize of Rs. 700 for her outstanding performance in the online national-level competition.

The Chairman of GVM Girls College, Dr. O.P. Pruthi, and Principal Dr. Manjula Spah congratulated Alankrita on her achievement and extended their best wishes for her future endeavors. NSS Programme Officer Ms. Ruchika Vermani also appreciated her dedication and encouraged all volunteers to continue participating actively in such academic and nation-oriented initiatives.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-01

**Staff incharge: Ms. Ruchika Vermani, Programme Officer,
NSS,GVMGC**

Category:- #NSS#Student Involvement#Volunteer Spirit

"Physical Sciences (Physics, Mathematics, Chemistry) and Artificial Intelligence: A Pathway To Viksit Bharat 2047"

$f(x)$

>>> Organized By <<<

$\frac{x}{y}$

$E_k = \frac{1}{2}mv^2$



NSS, CV Raman Association, Girls & Mathematics Association & Curie Association



OBJECTIVES:

- To raise awareness about the role of NSS volunteers in promoting community and Nation-building activities.
- Motivate participants to research and critically examine how mathematical models and physical concepts are applied in AI and technological development.
- To bridge the gap between theoretical knowledge and real life applications of Physics, Mathematics and Chemistry.

EXPECTED OUTCOMES:

- Participants and readers will gain a deeper understanding of the contribution of NSS volunteers toward community service, nation, nation-building and social development.
- To promote the students for forward-thinking to tackle future challenges using Physical Sciences principles.

Rules/Guidelines:

- Eligibility:** UG Students (Science/Arts/Commerce Stream).
- Word Limit:** 1000 words.
- Medium:** English or Hindi.
- Format:** Only PDF files with Name, Class, Roll No., Mail-id, Contact no. and College/University/Institute name.
- Participation:** Maximum 2 participants from one Institute are allowed.
- Submission Deadline:** 25 April, 2025
- Result Declaration:** 11 May, 2025



Ref No.
801/AKM/2025/20363

ARYA KANYA MAHAVIDYALAYA

SHAHABAD MARKANDA

(Affiliated to Kurukshetra University, Kurukshetra)



Certified that



Alankrita Tyagi, BA 3rd Year

student of GVM Girls College, Sonipat

has secured **Second Position** in the

Online National Level Essay Writing Competition

on **May 11, 2025**

organized by

**National Service Scheme, CV Raman Association, GAMA,
Curie Association**

Dr. Hema Sukhija
Convener

Dr. Poonam Siwatch
Convener

Mrs. Sanjul Gupta
Convener

Dr. Aarti Trehan
Principal

**CERTIFICATE OF
PARTICIPATION**





जीवीएम की अलंकृता ने राष्ट्रीय निबंध लेखन प्रतियोगिता में हासिल किया द्वितीय पुरस्कार

सवेरा न्यूज /योगेश सूद सोनीपत:

कुरुक्षेत्र विश्वविद्यालय से संबद्ध आर्य कन्या महाविद्यालय शाहाबाद द्वारा ऑनलाइन राष्ट्र स्तरीय निबंध लेखन प्रतियोगिता का आयोजन किया गया, जिसमें जीवीएम गर्ल्स कालेज की छात्रा अलंकृता ने द्वितीय स्थान हासिल किया। यह आयोजन पन्नाग्रामा डकार्ड, सीवी राम



10. Blood Donation Camp

25 May, 2025

**Bahalgarh,
Sonipat**

The NSS Unit of GVM Girls College, Sonipat, in association with Army Blood Bank, New Delhi, and Maa Bharti Rakta Vahini, organized a Blood Donation Camp at the Community Center, Bahalgarh Sonipat, in honor of the Indian Army. The camp reflected a strong spirit of patriotism and social responsibility, with enthusiastic participation from NSS volunteers committed to serving the nation.

Under the guidance of NSS Programme Officer Ms. Ruchika Vermani, volunteers of GVM Girls College contributed to the success of this humanitarian initiative. The drive marked the 204th camp by the Indian Blood Vehicle and the 50th camp dedicated specifically to the Indian Army, with a total of 132 units of blood successfully collected, marking a significant contribution toward the noble cause. The event inspired unity, gratitude, and respect for the brave soldiers safeguarding the nation, while reinforcing the true spirit of service among our volunteers.

The Chairman of GVM Girls College, Dr. O.P. Pruthi, and Principal Dr. Manjula Spah appreciated the dedicated participation of the NSS unit and encouraged students to continue contributing to society through such meaningful initiatives. They extended their best wishes and motivated the volunteers to uphold the values of patriotism, humanity, and selfless service.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

No. Of Donor :- 132

Staffincharge: Ms. Ruchika Vermani, Programme Officer, NSS,
GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.





सेना के लिए दिखा जज्बा, 132 युवाओं ने किया रक्तदान

- विधायक कृष्णा गहलाघत, निखिल मदान व मयूर राजीव जैन ने बढ़िया रक्तदाताओं का हौसला

सोनीपत, 25 मई (ब्यूरो): मां भारती रक्तवाहिनी संस्था द्वारा बहालगढ़ के सामुदायिक भवन में भारतीय सेना की ए.एफ.टी.सी. रक्तकोष टीम के लिए रक्तदान शिविर का आयोजन किया गया।

संस्था की ओर से भारतीय सेना के लिए 50वां और कुल 204वां रक्तदान शिविर रहा। बहालगढ़ चौक से देशभक्ति गीतों के साथ संस्था के सदस्यों और जी.वो.एम. गर्ल्स कॉलेज की छात्राओं ने समूह



सेना के लिए बहालगढ़ में दिया रक्त

सोनीपत। बहालगढ़ स्थित सामुदायिक केंद्र में बहालगढ़ मार्केट एसोसिएशन व मां भारती रक्तवाहिनी की ओर से 204वां व भारतीय सेना के लिए 50वां रक्तदान शिविर लगाया गया। शिविर में 132 लोगों ने रक्तदान किया।

मुख्यातिथि अतिथि विधायक कृष्णा गहलावत, निखिल मदान, मेयर राजीव जैन, अखंड हिंदू स्वाभिमानी के राष्ट्रीय अध्यक्ष मनीष राई, जयकिशन सेवा समिति कंवाली से संदीप पाराशर रहे। मौके पर अरविंद शुक्ला, रविंद्र शर्मा, विपिन गौड़, आर्य पवन दहिया, प्रदीप बंसल, राजेश सोलंकी, विनय वशिष्ठ, स्नेहलता, सुमेर सरोहा, राहुल भारद्वाज, राहुल राणा, नरेश भारद्वाज, जयदीप शर्मा, रामेश्वर, सरोहा, अरवि, सैयद



Certificates :

<https://drive.google.com/drive/folders/1ATHbvYhVqg6B>
UxcEOD-PMagkhF-en6B6

S. No.	Name of the student	Class	Roll No.	Signature
1.	Reema	B.AJ st year	24228	Reema
2.	Sonakshi	B.A III rd year	221163	Sonakshi
3.	Nidhi Rami	"	221170	Nidhi
4.	Tannu	BA 2 nd year	23291	Tannu
5.	Swati	BA Geo Home Sci	241805	Swati
6.	Tannu	BA I st Year	24283	Tannu
7.	Maanya	B.A Geo Home Sci	241802	Maanya
8.	Pooja	B.A Geo Home Sci	232708	Pooja
9.	Sakshi	B.A Geo Home Sci	241801	Sakshi
10.	Kashish	B.A I nd year	232722	Kashish
11.	Himanshi	B.A Geo II	232722	Himanshi
12.	Palak Verma	B.Com (Sec) I	241720	Palak
13.	Kanika	B.A III	223325	Kanika

11. National Youth Environmental & Recycling Competition 2025 on the Occasion of World Environment Day

July 8, 2025

Faridabad

The NSS Unit of GVM Girls College proudly participated in the National Youth Environmental & Recycling Competition 2025 launched on the occasion of World Environment Day by the Material Recycling Association of India (MRAI) in collaboration with Government College for Women, Faridabad. The competition, based on the theme "Environment and Recycling," aimed to encourage youth participation in environmental conservation through creative digital expression. Our NSS volunteers actively contributed to this meaningful national initiative, reflecting their commitment towards sustainability and social responsibility.

Representing GVM Girls College, Lakshita (B.Com 2nd Year) and Alankrita (B.A Final Year) showcased their creativity and awareness on environmental issues and were awarded Consolation Prizes along with a cash award of Rs. 1000 each. Their achievement highlighted the active involvement and dedication of our NSS unit in promoting recycling awareness and environmental protection. NSS encourages young minds to go beyond classrooms, take part in competitions, and grow through creativity, leadership, and service.

The Chairman of GVM Girls College, Dr. O.P. Pruthi, and Principal Dr. Manjula Spah congratulated the winners and extended their best wishes for their bright future. NSS Programme Officer Ms. Ruchika Vermani appreciated the efforts of the participants and encouraged volunteers to continue taking initiative in environmental conservation activities, upholding the true spirit of NSS through responsible action and awareness.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Student Involved:-02

Staff-in-charge:Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit

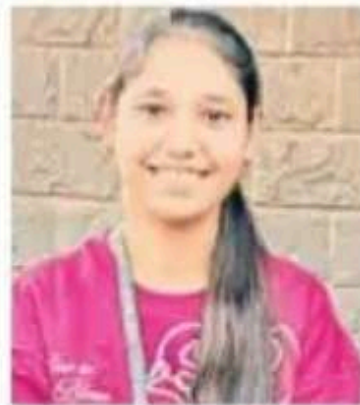
यूथ एन्वायरन्मेंटल रिसाईक्लिंग कंपीटिशन में छात्राओं को मिला पुरस्कार

स्वर्णभूमि टाइम्स न्यूज,
सोनीपत (जयबीर सिंह):
नेशनल लेवल यूथ एन्वायरन्मेंटल
रिसाईक्लिंग कंपीटिशन-2025
में जीवीएम गर्ल्स कालेज की
छात्राओं ने सांत्वना पुरस्कार जीता
है। संस्था के प्रधान डा. ओपी
परूथी व प्राचार्या डा. मंजुला
स्पाह ने विजेताओं को बधाई
देते हुए उनके स्वर्णिम भविष्य



नैशनल लेवल यूथ एन्वायरन्मेंटल रिसाईक्लिंग कंपीटिशन में जीवीएम की छात्राओं को मिला सांत्वना पुरस्कार

सवेरा न्यूज/योगेश सूद,
सोनीपत, 9 जून : नैशनल
लेवल यूथ एन्वायरन्मेंटल
रिसाईक्लिंग कंपीटिशन-
2025 में जीवीएम गर्ल्स
कालेज की छात्राओं ने सांत्वना
पुरस्कार जीता है। संस्था के
प्रधान डा. ओपी परूथी व



लक्षिता व अलंकृता ।

प्राचार्या डा. मंजुला स्पाह ने विजेताओं को बधाई देते हुए उनके स्वर्णिम

MATERIAL RECYCLING ASSOCIATION OF INDIA
IN COLLABORATION WITH
GOVERNMENT COLLEGE FOR WOMEN,
FARIDABAD, HARYANA

CERTIFICATE OF CONSOLATION

This is to certify that

Ms. Lakshita

*from G.V.M Girls College, Sonipat, secured the **Consolation Prize** in*

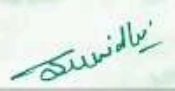
**NATIONAL YOUTH ENVIRONMENTAL
& RECYCLING COMPETITION 2025**

on the occasion of

WORLD ENVIRONMENT DAY



Mr. Sanjay Mehta
President, MRAI



Dr. Sunidhi
Principal
Government College for Women,
Faridabad



MATERIAL RECYCLING ASSOCIATION OF INDIA
IN COLLABORATION WITH
GOVERNMENT COLLEGE FOR WOMEN,
FARIDABAD, HARYANA

CERTIFICATE OF CONSOLATION

This is to certify that

Ms. Alankrita Tyagi

*from G.V.M Girls College, Sonipat, secured the **Consolation Prize** in*

**NATIONAL YOUTH ENVIRONMENTAL
& RECYCLING COMPETITION 2025**

on the occasion of

WORLD ENVIRONMENT DAY



Mr. Sanjay Mehta
President, MRAI



Dr. Sunidhi
Principal
Government College for Women,
Faridabad



12. World Environment Day

June 5, 2025

GVMGC, Sonipat

The NSS Unit of GVM Girls College, Sonipat enthusiastically celebrated World Environment Day by organizing a tree plantation drive, marked by active participation from a large number of students. The initiative reflected the unit's deep commitment to environmental conservation and sustainable development.

Under the guidance of NSS Program Officer Ms. Ruchika Vermani and Lt. Dr. Priyanka, volunteers planted medicinal and eco-friendly saplings within the campus premises. The drive aimed to promote environmental awareness and encourage students to take collective responsibility for protecting and nurturing nature. Such initiatives reflect the NSS motto of "Not Me, But You" by encouraging collective action for a greener and sustainable future.

To further strengthen awareness and creativity, a Poster Making Competition was organized on the theme of environmental protection. The competition witnessed enthusiastic participation from students across different streams. Monika (B.A. First Year) secured the first position, Tannu Bibiyan (B.A. First Year) stood second, and Sakshi Dahiya (B.Com First Year) achieved the third position. Tanya and Kajal (B.A. First Year) were awarded consolation prizes.

The Chairman, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, appreciated the dedicated efforts of the NSS Unit and congratulated the volunteers for making the celebration of World Environment Day meaningful and impactful. The program strengthened the institution's ongoing efforts toward promoting environmental stewardship and community engagement.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-22

Staff in charge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



कॉलेज में मनाया विश्व पर्यावरण

सोनीपत

वैभिन्न प्रकोष्ठों के दिवस के मौके पर

एनसीसी इकाई ने आईसी ने वेबिनार का प्रधान डा. ओपी साह ने सफल दिवस की बधाई



दी। जीवीएम की इस्टीमियूशन्स इनोवेशन सेल (आईआईसी), एनएसएस व एनसीसी इकाई और

इको क्लब के संयुक्त विश्व पर्यावरण दिवस ने हिस्सा लिया। इ प्रेजीडेंट एवं प्राचार्या ऑनलाइन शपथ लेते सस्टेनेबल डेवलपमेंट मौके पर जीवीएम कार्यक्रम अधिकारी की प्रभारी ले, प्रियंका का रोपण करवाया।

13. One Earth One Health- Yoga Day Training

6&12 June, 2025 GVMGC, Sonapat

As part of the preparations for International Yoga Day, the NSS Volunteers of GVM Girls College, Sonapat practiced the official Yoga Protocol with great dedication and discipline. The session aimed to promote physical fitness, mental well-being, and holistic development among students.

In the esteemed presence of District Ayush Officer Dr. Ram Avtar, yoga trainers Ms. Pinky and Ms. Jyoti Sharma conducted the session. The trainers guided students through various yogic exercises and postures, ensuring the correct practice of the official Yoga Protocol while explaining the significance and benefits of each asana.

The Principal, Dr. Manjula Spah, stated that the 11th International Yoga Day would be celebrated with great enthusiasm on June 21, and that GVM students would actively participate in the event. She emphasized that yoga is an invaluable part of our ancient heritage and should be incorporated into daily life for a healthy body and peaceful mind. She encouraged students to adopt yoga as a regular practice and inspire others to do the same.

The Chairman, Dr. O.P. Pruthi congratulated everyone on the successful conduct of the preparatory session and encouraged students to make yoga an integral part of their routine for overall well-being.

Ms. Ruchika Vermani, NSS Program Officer, highlighted that NSS volunteers regularly practice yoga, especially during special camps, to strengthen discipline, focus, and physical fitness. She added that the NSS Unit remains committed to promoting awareness about yoga and its long-term benefits among the youth.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-75

**Staffincharge: Ms. Ruchika Vermani, Programme Officer, NSS,
GVMGC**

Category:- #NSS#Student Involvement#Volunteer Spirit.





अंतर्राष्ट्रीय योग दिवस के लिए जीवीएम में छात्राओं को करवाया योग प्रोटोकॉल का अभ्यास

सवेरा न्यून / वीरोरा मूल

सोनीपत, 7 जून - अंतर्राष्ट्रीय योग दिवस की तैयारियों के तहत जीवीएम गर्ल्स कॉलेज की एनएसएस व एनसीसी और खिलाड़ी छात्राओं को योग प्रोटोकॉल का अभ्यास करवाया गया। संस्था के प्रधान डा. ओपी परुषी व प्राचार्या डा. मंजुला स्मह ने सफल आयोजन की वधाई देते हुए योग को जीवन का अभिन्न अंग बनाने के लिए छात्राओं को प्रोत्साहित किया। जीवीएम की एनएसएस की कार्यक्रम अधिकारी रुचिका विरमानो तब एनसीसी इकाई की अधिकारी ले. प्रियंका और खेल प्रभारी अनु के नेतृत्व में छात्राओं को



योग करती हुए छात्राएं।

ज्योति शर्मा ने योग प्रोटोकॉल का अभ्यास करवाया। योग टैलर पिके व ज्योति शर्मा ने छात्राओं को विभिन्न प्रकार की योग क्रियाओं के साथ

वाले फायदे की भी जानकारी दी। कॉलेज की प्राचार्या डा. मंजुला स्मह ने कहा कि 21 जून को 11वां अंतर्राष्ट्रीय योग दिवस उत्साहपूर्वक

हमारी प्राचीन परंपरा है, जिसे जीवन में धारण करना चाहिए। निरोगी काका के लिए योग परम आवश्यक है। जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी रुचिका विरमानो ने बताया कि एनएसएस की छात्राओं को नियमित रूप से योगाभ्यास करवाया जाता है। एनएसएस दिवसों के दौरान यह अभ्यास और बढ़ जाता है। स्वयंसेविकाएं योग का प्रचार-प्रसार करते हुए लोगों को इसके लिए जागरूक भी करती हैं। अंतर्राष्ट्रीय योग दिवस में स्वयंसेविकाएं सक्रिय रूप से हिस्सेदारी करती हैं। एनसीसी की अधिकारी ले. प्रियंका व खेल प्रभारी

14. International Yoga Day Celebration

21 June, 2025 GVMGC, Sonipat

The 11th International Yoga Day was celebrated with great enthusiasm at GVM Girls College, Sonipat under the inspiring theme "Yoga-Oriented, Drug-Free and Healthy Haryana." The event was jointly organized by the NSS Unit, NCC Unit, and the Sports Unit of the college, reflecting a collective commitment toward building a disciplined, healthy, and socially responsible youth.

The program was graced by the Chief Guest, Mayor of Sonipat Municipal Corporation, Mr. Rajiv Jain. Addressing the gathering, he emphasized that yoga is not merely a physical exercise but a holistic practice that strengthens the body, calms the mind, and builds self-discipline. He highlighted the government's vision of making Haryana a yoga-oriented and drug-free state and encouraged students to adopt yoga as a daily habit to lead a healthy and addiction-free life.

The yoga session was conducted under the guidance of Dr. Anu Dahiya, Sports In-Charge of the institution. She led the participants through the Common Yoga Protocol and Surya Namaskar and demonstrated various asanas and pranayama techniques. She explained how regular practice of yoga improves concentration, reduces stress, enhances flexibility, and promotes overall well-being.

The Chairman of the institution, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, congratulated for the successful organization of the event. They encouraged students to make yoga a part of their lifestyle and contribute actively toward creating a healthy and drug-free society.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Staff in charge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Students Involved:- 133

Category:- #NSS#Student Involvement#Volunteer Spirit.





विकसित तथा आत्मनिर्भर भारत सपने को साकार करने में हरियाणवी युवाओं की रहेगी विशेष भूमिका : राजीव जैन

जीवीएम की एनसीसी इकाई के तत्वावधान में विभिन्न कालेजों की एनसीसी इकाइयों ने लिया हिस्सा जीवीएम की एनएसएस व खेल की छात्राओं ने योगाभ्यास करते हुए नियमित योग पर दिया बल

सवेरा न्यूज/योगेश सूद, सोनीपत, 21 जून योगयुक्त-नशामुक्त हरियाणा के संदेश के साथ जीवीएम ग्लोबल कालेज में 11वां अंतर्राष्ट्रीय योग दिवस घूमघाम से मनाया गया, जिसका नेतृत्व जीवीएम की एनसीसी इकाई ने किया। योग दिवस का शुभारंभ मुख्य अतिथि के रूप में नगर निगम सोनीपत के मेयर राजीव जैन ने दीप प्रज्वलित करते हुए किया। संस्था के प्रधान डा. ओपी पक्थी व प्राचार्या डा.



योगासन करती हुए छात्राएं।

12वीं हरियाणा एनसीसी बटालियन संबद्ध जीवीएम की एनसीसी इकाई के तत्वावधान में कालेज परिसर में आयोजित अंतर्राष्ट्रीय योग दिवस में विभिन्न शिक्षण संस्थानों की

गोहाना और बीपीएस खानपुर कला महिला विश्वविद्यालय की छात्राएं शामिल रही। साथ में जीवीएम की एनएसएस इकाई और खिलाड़ी छात्राओं ने भी योग दिवस में शिरकत

भाजपा सरकार ने योग को घर-घर पहुंचाने का संकल्प लिया है। अंतर्राष्ट्रीय योग दिवस में जीवीएम की खेल प्रभारी अनु ने प्रतिभागी छात्राओं को योगाभ्यास करवाया। अंतर्राष्ट्रीय योग दिवस के सफल आयोजन में जीवीएम की एनसीसी इकाई की प्रभारी ले. प्रियंका के निर्देशन में हिंदू ग्लोबल कालेज की एनसीसी अधिकारी कैप्टन नीतु, राजकीय महाविद्यालय गोहाना की एनसीसी अधिकारी सीटीओ नमिता तथा जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी स्विका विरमानी और खेल प्रभारी अनु ने विशेष योगदान दिया। साथ में एनसीसी बटालियन के नायक सुवेदार शिव कुमार और नायक विनीत ने भी महत्वपूर्ण सहयोग प्रदान किया। अंत में एनसीसी अधिकारी ले. प्रियंका व



जीवीएम गर्ल्स कॉलेज में आयोजित कार्यक्रम में योग करते लोग।



माननीय प्रधानमंत्री
श्री नरेन्द्र मोदी



योग संगम पत्र

प्रमाणित किया जाता है कि

Gvm girls college sonpat

ने 21 जून 2025 को अंतरराष्ट्रीय योग दिवस के उपलक्ष्य में योग संगम कार्यक्रम का आयोजन किया।

यह कार्यक्रम Gvm girls college में आयोजित किया गया, जिसमें 183 लोगों ने भाग लिया।

यह भी प्रमाणित किया जाता है कि यह कार्यक्रम विशाखापत्तनम, आंध्र प्रदेश में

माननीय प्रधानमंत्री के नेतृत्व में आयोजित अंतरराष्ट्रीय योग दिवस 2025 के राष्ट्रीय कार्यक्रम के

अनुरूप और एक ही समय पर आयोजित किया गया।

15. Leadership Development Workshop

July 11-13, 2025

Panchkula

A three-day Leadership Development Workshop was organized in Panchkula from 11 to 13 July 2025 as a preparatory initiative for the upcoming Tiranga Yatra from Haryana to Kashmir, scheduled from 10 to 18 August 2025. The workshop aimed at nurturing leadership qualities, strengthening patriotic values, and preparing youth to take up responsible roles in society.

NSS Volunteer Pooja, a third-year Geography Honours student of GVM Girls College, actively participated in the training programme and proudly represented her institution. The workshop brought together students from various states, creating an environment of unity, discipline, and teamwork. The sessions focused on leadership skills, effective communication, national integration, and the importance of responsible citizenship.

The training proved to be a valuable learning experience, enhancing confidence, resilience, and a deeper sense of civic responsibility among participants. Pooja's enthusiastic participation brought pride to her college and district. Through consistent engagement in NSS programs, students develop a proactive and service-oriented mindset. NSS motivates youth to contribute meaningfully while sharpening their creative and leadership skills.

The President of GVM Group of Institutions, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani congratulated her on this achievement and extended their best wishes for her future endeavors.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-01

Staff incharge: Ms.Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



Chandigarh, Chandigarh, India

High Court Road, Sector 1, Chandigarh,
Chandigarh 160001, India

Lat 30.752006, Long 76.804864

07/12/2025 03:50 PM GMT+05:30

Note : Captured by GPS Map Camera



Panchkula, Haryana, India

Kami Road, Sector 5D MDC, Panchkula,
Haryana 134114, India

Lat 30.724254, Long 76.860699

07/12/2025 01:24 PM GMT+05:30

Note : Captured by GPS Map Camera



Subject: *Regarding participation in Leadership Workshop.*

Sir/Mam,

Please refer to office letter No. NSS/2025/1102 dated 08.07.2025. It is to inform you that one student of this college will participate in Leadership Workshop to be held at Panchkula from July 11-13, 2025.

S. No.	Name	Father's Name	Class	Roll No.
1	Pooja	Sh. Satbir	B.A.(Geog. Hons.) II	232708

With Regards

M. Spah
(Dr. Manjula Spah)
Principal
PRINCIPAL
GITA VIDYA MANDIR
GIRLS COLLEGE, SONEPAT
10107

16. Tiranga Yatra

August 10-18, 2025

Haryana to Kashmir

Filled with immense pride and patriotic spirit, four NSS volunteers of GVM Girls College, Sonipat participated in the historic Kashmir Tiranga Yatra, representing the institution with dedication and honor. Organized under the aegis of the Central Government and Indian Media Centre, the Yatra aimed to promote national unity and celebrate the spirit of Azadi Ka Amrit Mahotsav.

GVM NSS volunteers Swati, Pooja, Anisha, and Reema actively participated in the prestigious journey. Among them, Swati brought laurels to the institution by being honored with the title of Best Leader at Paras Hospital, Kashmir, for her exemplary leadership and dedication.

The Institution's Chairman, Dr. O.P. Pruthi, and Principal, Dr. Manjula Spah, congratulated the volunteers for their remarkable achievement. NSS Program Officer Ms. Ruchika Vermani appreciated their dedication, stating that such initiatives strengthen leadership qualities and deepen patriotic values among youth. Faculty members Dr. Manita, Ms. Monika, Ms. Meena Kalra, and Ms. Rashmi also congratulated the students for their remarkable achievement.

The participation of GVM NSS volunteers in the Tiranga Yatra stands as a shining example of youth commitment toward nation-building and reinforces the motto of NSS "Not Me, But You. Under the guidance of NSS, students learn the importance of unity, service, and active citizenship.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-04

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit









कश्मीर तिरंगा यात्रा में अमिट छाप छोड़कर लौटी जीवीएम की एनएसएस की 4 स्वयंसेविकाएं

- जीवीएम की स्वयंसेविका स्वाति को पारस अस्पताल कश्मीर में बेस्ट लीडर के खिताब से नवाजा गया

सवेरा न्यूज/योगेश सूद

सोनीपत, 30 अगस्त : कश्मीर तिरंगा यात्रा में अपनी अमिट छाप छोड़ने वाली जीवीएम गर्ल्स कालेज की एनएसएस की चार स्वयंसेविकाएं लौटी आई हैं, जिनमें शामिल स्वाति ने बेस्ट लीडर के खिताब के साथ वापसी की है। संस्था के प्रधान डा. ओपी परशु व प्राचार्या डा. मंजुला स्मह ने स्वयंसेविकाओं को बधाई देते हुए कहा कि तिरंगा यात्रा में शामिल होना गौरवमयी उपलब्धि है।

जीवीएम की एनएसएस की कार्यक्रम अधिकारी रुचिका विरमानी



कश्मीर तिरंगा यात्रा में अमिट छाप छोड़कर लौटी जीवीएम की एनएसएस की स्वयंसेविकाएं समूह में।

कश्मीर तिरंगा यात्रा का आयोजन किया गया। यात्रा का शुभारंभ हरियाणा के शिक्षा मंत्री महिपाल टांडा व एमडीयू के कुलपति प्रो. राजबीर सिंह द्वारा किया गया था। तिरंगा यात्रा में जीवीएम की एनएसएस की छात्राएं

यात्रा में शामिल इन छात्राओं ने अपने क्षेत्र व संस्थान का नाम रोशन किया है। स्वाति को कश्मीर के पारस अस्पताल में बेस्ट लीडर के खिताब से सुशोभित किया गया। तिरंगा यात्रा रोहतक से शुरू हुई और सोनीपत

के लाल चौक पर पहुंची। यात्रा का समापन अमृतसर में हुआ। यात्रा के अपने अनुभव साझा करते हुए स्वयंसेविकाओं ने बताया कि इसका उद्देश्य राष्ट्र की एकता, अखंडता और विविधता में एकता के संदेश को आम जनमानस तक पहुंचाना था।

कालेज लौटने पर प्राचार्या डा. मंजुला स्मह के नेतृत्व में स्वयंसेविकाओं का अभिनंदन किया गया। प्राचार्या ने कहा कि निःसंदेह तिरंगा यात्रा ने राष्ट्र की एकता के सूत्र में पिरोया है। इस दौरान कार्यक्रम अधिकारी रुचिका विरमानी ने भी चारों छात्राओं की मुक्त कंठ से प्रशंसा करते हुए कहा कि उन्होंने एनएसएस इकाई को नई ऊंचाई दी है। इस मौके पर एनएसएस की अध्यक्ष रुचिका विरमानी

17. Tiranga Yatra

August 13, 2025

Lehrara, Sonapat

The various units of GVM Girls College organized a grand Tiranga Yatra in the city on 13 August 2025 to spread the message of patriotism and national pride.

The rally was ceremoniously flagged off by Principal Dr. Manjula Spah, who waved the green flag and formally sent the Yatra forward with patriotic enthusiasm. In her address, she encouraged students to uphold the dignity of the tricolour and remember the sacrifices of our brave martyrs.

The Tiranga Yatra was jointly organized by the NSS, UOP, NCC, and YRC units of the college, with the NSS playing the leading role. Nearly 80 students participated enthusiastically, marching with the national flag and raising slogans of "Jai Hind" and "Vande Mataram." The NSS unit functioned under the guidance of Ms. Ruchika Vermani, with the support of Ms. Manita and Lt. Dr. Priyanka, whose presence encouraged and motivated the students.

Institution Chairman Dr. O.P. Pruthi appreciated the initiative and conveyed his blessings to the organizers and volunteers for successfully conducting the Tiranga Yatra.

The rally passed through the main routes of the city, paying tribute to the martyrs and spreading awareness about national unity. The event concluded with a collective pledge to honor the tricolour and serve the nation with dedication and pride.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:- 45

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.





GPS Map
Camera Lite

9158, V.P.O. Lehrara, Sector 24, Sonipat, Haryana 131001, India

Latitude
28.96863904°

Longitude
77.01003392°



हर घर तिरंगा अभियान के तहत भाजपा प्रदेश अध्यक्ष बड़ौली ने लहराया तिरंगा, जगह-जगह यात्रा में शामिल हुए विचारक व विद्यार्थी

आजकल प्रत्येक भारतीय अपने परिवारों को सुरक्षित रखने के लिए हर संभव उपाय करता है। इसी संदर्भ में हर घर तिरंगा अभियान के अंतर्गत हर घर को सुरक्षित रखने के लिए हर घर तिरंगा अभियान का शुभारंभ किया गया है। इस अभियान के अंतर्गत हर घर को सुरक्षित रखने के लिए हर घर तिरंगा अभियान का शुभारंभ किया गया है। इस अभियान के अंतर्गत हर घर को सुरक्षित रखने के लिए हर घर तिरंगा अभियान का शुभारंभ किया गया है।



हर घर तिरंगा अभियान के तहत भाजपा प्रदेश अध्यक्ष बड़ौली ने लहराया तिरंगा



हर घर तिरंगा अभियान के तहत भाजपा प्रदेश अध्यक्ष बड़ौली ने लहराया तिरंगा



हर घर तिरंगा अभियान के तहत भाजपा प्रदेश अध्यक्ष बड़ौली ने लहराया तिरंगा



हर घर तिरंगा अभियान के तहत भाजपा प्रदेश अध्यक्ष बड़ौली ने लहराया तिरंगा

18. Independence Day Celebration

August 15, 2025

GVMGC, Sonipat

"I searched a lot but couldn't find such a land, no sky like my motherland." With this sentiment, the 79th Independence Day was celebrated with great enthusiasm at GVM Girls College where the Principal, Dr. Manjula Spah as the chief guest hoisted the national flag and extended greetings to the college family and fellow citizens on Independence Day. On this occasion, the Institution's President, Dr. O.P. Pruthi and Vice-Principal, Dr. Suman Nasa paid tribute to the brave martyrs and freedom fighters while congratulating everyone on the festival of freedom.

In the Independence Day program held at GVM, the students of NCC, NSS and YRC participated enthusiastically. Addressing them, the Principal Dr. Manjula Spah narrated the unforgettable saga of the freedom struggle. We must always remember the sacrifices of the martyrs and actively work towards building the India of their dreams. She emphasized that everyone must take responsibility in fulfilling various duties such as environmental protection. Discussing in detail the theme of "Viksit Bharat" she highlighted India's achievements in education, science, sports, foreign policy, production, nuclear power, the success of Chandrayaan, UPI usage and the digital revolution. She expressed that by the 100th Independence Day in 2047, India must achieve the status of a developed nation for which everyone's active contribution is essential.

On this occasion, NSS in-charge Prof. Ruchika Vermani paid tribute to the martyrs and provided details about the Tiranga Yatra. She shared that being a part of this Tiranga Yatra which unites the nation in one thread of unity, is a matter of great pride.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Students Involved:-121

Category:- #NSS#Student Involvement#Volunteer Spirit





19. Training on Leadership and Team Building

August 19-22,2025

RGNIYD, Chandigarh

Anuradha (B.A. II) an NSS volunteer at GVM Girls College, Sonipat, successfully participated in a National-Level Training Programme on "Leadership and Team Building", organised by the Rajiv Gandhi National Institute of Youth Development (RGNIYD), Regional Centre, Chandigarh.

The event brought together 38 youth participants from various states across the country. The training focused on enhancing leadership skills, teamwork, communication, personality development, and the spirit of national unity among the youth. Experts conducted multiple interactive sessions, workshops, and activities designed to strengthen participants' confidence and organizational abilities.

NSS Programme Officer Ms. Ruchika Vermani informed that Anuradha actively took part in all sessions and represented the college with dedication. The training programme proved to be a valuable learning experience for her.

Upon her return, President, GVM Group of Institutions, Dr. OP Pruthi and the Principal Dr. Manjula Spah congratulated Anuradha and appreciated her enthusiasm and commitment. They encouraged the NSS unit to continue participating in such national-level initiatives that contribute to youth development and nation-building.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Students Involved:-01

Category:- #NSS#Student Involvement#Volunteer Spirit.





जीवीएम की एनएसएस की छात्रा अनुराधा राष्ट्रीय स्तर पर ट्रेनिंग कार्यक्रम में हिस्सा लेकर लौटी

सवेरा न्यूज / योगेश सूद

सोनीपत, 29 अगस्त। द राजीव गांधी नेशनल इंस्टीट्यूट ऑफ यूथ डेवलपमेंट, चंडीगढ़ के तत्वावधान में लीडरशिप एंड टीम ट्रेनिंग कार्यक्रम में



20. Viksit Bharat Young Leaders Dialogue 2026

**1 Sept-31
Oct,2025**

**My Bharat
Portal**

The NSS Unit of GVM Girls College, Sonipat organised a Mega Registration Drive to promote active student participation in the Viksit Bharat Young Leaders Dialogue (VBYLD) 2026 and the Viksit Bharat Quiz, an initiative under the MY Bharat portal aimed at empowering youth and strengthening their role in nation-building.

As part of the drive, a large number of volunteers enthusiastically registered for the national-level quiz, which tests knowledge about India's development journey, governance, and the vision of Viksit Bharat 2047. Students and faculty gathered to spread awareness and motivate youth to take part in this significant programme launched under the guidance of the Hon'ble Prime Minister Sh Narendra Modi.

The Viksit Bharat Quiz, conducted in 12 languages, seeks to inspire curiosity, informed decision-making and leadership qualities among young citizens. Winners of the quiz will move forward to essay and presentation rounds, offering opportunities to express ideas, share perspectives, and contribute meaningfully to India's growth story.

Faculty members and NSS Programme Officer Ms. Ruchika Vermani urged students to register on the MY Bharat portal before the last date and actively take part in shaping India's future. The college reaffirmed its commitment to fostering leadership and civic responsibility among the youth.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Student Involved:75

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit

21. Orientation day- Samvedna ki Udaan

2 September, 2025

Gargi Sabhagar, GVMGC

An orientation programme of the National Service Scheme (NSS) was organized under the theme " Samvedna ki Udaan: Journey of Heart and Service" at GVM Girls College with a strong message of dedication towards society and nation. As plants are symbols of growth, hope, responsibility, and a better tomorrow, the event began with a plantation drive, reflecting the true spirit of NSS. Volunteers planted saplings in the campus, expressing their commitment towards environmental protection and sustainable development. This meaningful beginning beautifully highlighted that NSS believes in action before words.

The programme was inaugurated by Principal Dr. Manjula Spah who lit the ceremonial lamp and motivated the volunteers, stating that "NSS is another name for service. Through NSS, we get an opportunity to serve society and the nation and even small contributions can become a part of national service."

The programme was conducted under the leadership of NSS Programme Officer, Ms. Ruchika Vermani who welcomed the newly enrolled first-year volunteers and introduced them to the objectives, structure and activities of NSS. She explained that the NSS unit actively organizes plantation drives, blood donation camps, visits to NGOs, social awareness campaigns, regular camps, and special camps. She also highlighted that NSS provides numerous opportunities to earn awards and recognition at university, state, and national levels. The significant role of the Government in supporting and guiding NSS activities was also discussed.

It was further explained how NSS contributes significantly to personality development. Through teamwork, field activities, leadership roles, and community interaction, volunteers develop communication skills, confidence, decision-making ability, and a sense of discipline. NSS encourages students to step out of their comfort zones, take initiative, and work collectively towards a social cause, thereby enhancing their overall growth and character building.

Senior NSS volunteers shared their valuable experiences and encouraged the newcomers to participate wholeheartedly in social service activities. Former volunteers Khushi and Alankrita, who brought laurels to the college at the national level, were invited as special guests. They shared their journeys and motivated students by expressing that NSS offers an open platform to develop leadership skills, confidence, and a spirit of selfless service.

The orientation also emphasized how NSS plays a vital role in the holistic development of students. By participating in various activities like plantation drives, blood donation camps, social awareness campaigns, and community visits, students not only contribute to society but also develop essential life skills. NSS encourages teamwork, leadership, and effective communication, helping students build confidence, discipline, and problem-solving abilities. Regular and special camps provide exposure to diverse social environments, instilling empathy, resilience, and a sense of responsibility. Through consistent involvement in NSS, volunteers grow into socially conscious, well-rounded individuals prepared to face challenges and contribute meaningfully to nation-building. Moreover, NSS inspires a sense of patriotism, ethical values, and civic consciousness, preparing students to become socially responsible citizens and future leaders who can positively impact society.

Faculty members Ms. Monika, Ms. Meena Kalra, Dr. Manita, and Ms. Rashmi extended their best wishes to the new volunteers. The programme concluded with renewed enthusiasm among students to serve society with dedication and contribute meaningfully to nation-building.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.





22. Pre-RD Selection Trials

September 08,2025

GVMGC, Sonipat

A preliminary selection process for NSS students was successfully organized at GVM Girls College for participation in the Republic Day Parade at the national level in which four students were selected.

The selection process for the Pre-Republic Day Camp began under which volunteers were first selected at the unit level. All necessary procedures for selection at the unit level were duly followed. As part of the selection, a running test was conducted to assess physical fitness and stamina while discipline, coordination and parade skills were tested through drill practice. Stage presence and confidence were judged through cultural performances and physical eligibility was checked by recording height and weight.

Four volunteers from GVM were selected for the Pre-Republic Day Camp. These include Reema (B.A. II Year), Muskan (B.Sc. Non-Medical III Year), Komal (B.A. III Year) and Lekha (B.Sc. Life Sciences II Year). The entire process was conducted under the guidance of Programme Officer of NSS, Ms. Ruchika Vermani and Dr. Manita. The selected students will now be sent for the next phase where they will participate in further rounds leading to the Republic Day Parade.

The institution's Chairman, Dr. O.P. Pruthi and the Principal Dr. Manjula Spah congratulated the selected students. On this occasion, they praised the excellent performance of the students and expressed confidence that GVM students will surely be selected to represent at the national-level Republic Day Parade.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Students Involved:- 04

Category:- #NSS#Student Involvement#Volunteer Spirit



प्री-रिपब्लिक डे के लिए चार छात्राओं का चयन

जासं, सोनीपत : राष्ट्रीय स्तर पर आयोजित की जाने वाली गणतंत्र दिवस की परेड के लिए जीवीएम गर्ल्स कालेज में एनएसएस की छात्राओं के लिए प्रारंभिक स्तर की चयन प्रक्रिया का आयोजन किया गया, जिसमें चार छात्राओं का चयन किया गया। संस्था के प्रधान डा. ओपी परुथी व प्राचार्य डा. मंजुला स्पाह ने चयनित छात्राओं को बधाई दी। छात्राओं के चयन के



जीवीएम में किया गया एनएसएस की छात्राओं के लिए प्री-रिपब्लिक डे चयन प्रक्रिया का सफल आयोजन



राष्ट्रीय स्तर पर आयोजित की जाने वाली गणतंत्र दिवस की परेड के लिए जीवीएम गर्ल्स

23. GVM Volunteer Shines as Chief Guest at NSS Orientation

September 10,2025

**GCW, Lakhan
Majra (Rohtak)**

The NSS Unit of GVM Girls College achieved a moment of immense pride at the One Day Orientation Programme 2025, organized by Govt. College for Women, Lakhan Majra. Centered on the theme "Know Your National Service Scheme," the event served as a foundational platform to orient fresh volunteers toward the vision and core values of the NSS.

Our institution was exceptionally represented by Ms. Khushi, District Awardee and Merit Certificate Holder, who was invited to the program as the Chief Guest. In her keynote address, she shared her transformative journey in NSS, emphasizing the virtues of leadership and social responsibility. Her powerful words resonated with the young audience, motivating them to embrace the spirit of community service. As a mark of honor, she was felicitated with a sapling, symbolizing growth and her deep-rooted commitment to society.

She also highlighted that the true essence of the program lies in fostering a sense of civic responsibility and resilience, ensuring that every volunteer evolves into a socially conscious citizen.

The President of GVM Group of Institutions, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani expressed great pride in Ms. Khushi's accomplishment. They commended her for representing the college at such a high level and encouraged all volunteers to continue striving for excellence while upholding the true NSS motto: "Not Me, But You."

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved:-01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





**GOVERNMENT COLLEGE FOR WOMEN
LAKHAN MAJRA (ROHTAK)**

(Affiliated to Maharshi Dayanand University, Rohtak)
Email: gcwlmr2022@gmail.com

Letter of Appreciation

Memo No. 7204

DATE: 03-10-2025

This is to proudly present to Ms. Khushi, an NSS Volunteer of GVM Girls College Sonapat, in sincere appreciation for their valuable contribution as an Invited Speaker during the Orientation Programme of Newly Admitted NSS Volunteers held on 10th September, 2025 at Government College for Women, LakhanMajra, Rohtak.

Your insightful address and inspiring words significantly enriched the event and motivated the volunteers to actively participate in community service.

24. State-Level Online Essay Writing Competition

Sep 14,2025

Vaish Arya SMM,
Bahadugarh

NSS Volunteer, Ruchika Sabharwal, a first-year B.Sc. Life Sciences student of GVM Girls College, has been awarded the Consolation Prize in the state-level online essay writing competition organized under the aegis of the NSS Unit of Vaish Arya Shikshan Mahila Mahavidyalaya, Bahadurgarh.

The competition was held on the thought-provoking topic "New Generation and the Challenges of the Hindi Language." The theme encouraged participants to reflect on the changing linguistic landscape in the digital age. It highlighted concerns such as the growing influence of foreign languages, the dominance of social media slang, declining reading habits, and the need to preserve the richness and purity of Hindi among the youth.

Participants explored how the younger generation can balance modern communication trends with cultural and linguistic roots. The topic also emphasized the responsibility of students to promote Hindi through literature, daily conversation, creative writing, and digital platforms.

On this occasion, the institution's President, Dr. O.P. Pruthi, the Principal Dr. Manjula Spah and the Programme Officer, Ms. Ruchika Vermani congratulated her for the commendable presentation and expressed pride in her achievement. Faculty Members, Dr. Manita, Ms. Rashmi, Ms. Monika and Ms. Meena Kalra also congratulated Ruchika Sabharwal on her achievement. The NSS platform encourages innovation, participation, and holistic development.

Purpose: To foster Cultural exchange and creative skills

Student Involved: 01

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer,
NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



वैश्य आर्य शिक्षण महिला महाविद्यालय, बहादुरगढ़
एफिलिएटेड द्वारा एम.डी.यूनिवर्सिटी, रोहतक, एन.सी.टी.ई द्वारा मान्यता प्राप्त नैक एकीडिटिड यू जी सी 2(एफ)12(बी)

हिन्दी दिवस

पर

राज्य स्तरीय ऑनलाइन आलेख लेखन प्रतियोगिता

प्रशस्ति-पत्र

यह प्रमाणित किया जाता है कि श्री/श्रीमती/कुमारी **रुचिका (जी.वी. एम. कॉलेज, सोनीपत)** ने राज्य स्तरीय ऑनलाइन आलेख लेखन प्रतियोगिता में **सांत्वना पुरस्कार** प्राप्त किया।

Alshanti

डा० आशा शर्मा
(प्राचार्या)

दिनांक- 14 सितंबर 2025

पुरस्कार	महाविद्यालय	प्रतिभागी
प्रथम पुरस्कार	महाराजा अग्रसेन पी.जी. कॉलेज ऑफ़ वीमेंस, झज्जर	रेनु
द्वितीय पुरस्कार	हिंदू कॉलेज ऑफ़ एजुकेशन, सोनीपत	प्रिया
द्वितीय पुरस्कार	इंदिरा प्रियदर्शनी कॉलेज, झज्जर	ज्योति गर्ग
तृतीय पुरस्कार	राजकीय महाविद्यालय, दुजाना	प्रियांशी
तृतीय पुरस्कार	महर्षि दयानंद यूनिवर्सिटी, रोहतक	निकिता
तृतीय पुरस्कार	वैश्य आर्य शिक्षण महिला महाविद्यालय, बहादुरगढ़	रितिका
सांत्वना पुरस्कार	किट कॉलेज ऑफ़ एजुकेशन, गुरुग्राम	पूजा
सांत्वना पुरस्कार	जी.वी.एम. कॉलेज, सोनीपत	रुचिका
सांत्वना पुरस्कार	महर्षि दयानंद यूनिवर्सिटी, रोहतक (बी.पी.एड. विभाग)	पूजा
सांत्वना पुरस्कार	सी पी एस एस कॉलेज ऑफ़ एजुकेशन, गुरुग्राम	सत्यकामा जैन

25. University Level Pre- RD Camp

September 18,2025

MDU, Rohtak

In the second phase of the selection process for the Republic Day Parade to be held at the national level, two students from NSS Unit of GVM Girls College, Muskan and Reema have achieved success.

Under the Pre-RD Camp, volunteers who performed well at the unit level were given the opportunity to participate in the next stage. Five students from GVM Girls College- Muskan, Reema, Komal, Lekha and Niharika were selected at the unit level. These selected students were invited for the university-level Pre-RD Trial Camp organized by MDU, Rohtak under the National Service Scheme (NSS). A total of 83 volunteers from 21 colleges participated in the camp.

In this trial camp, a student Muskan (B.Sc. II Year) and Reema (B.A. II Year) performed excellently and were selected for the State-Level Camp. On their return to the college, the selected volunteers were felicitated under the leadership of Principal, Dr. Manjula Spah. She praised their remarkable achievement stating that Muskan and Reema have successfully cleared another stage towards participating in the prestigious Republic Day Parade at the national level. On this occasion, NSS Programme Officer Ms. Ruchika Vermani and faculty members Dr. Manita, Ms. Monika, Ms. Meena Kalra and Ms. Rashmi also congratulated Muskan and Reema.

The Institution's President, Dr. O.P. Pruthi congratulated the students and extended best wishes for their success in the upcoming round. The NSS actively motivates students to engage in diverse extracurricular activities, fostering holistic development, leadership qualities, and a strong sense of social responsibility.

Purpose: To foster Cultural exchange and skills

Students Involved: 05

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





26. State-Level Essay Writing Competition

September 16, 2025

Govt. P.G College,
Tiagon (Faridabad)

NSS volunteer Ishita, a second-year B.Sc. Life Sciences student of GVM Girls College, secured second position in the State-Level Essay Writing Competition organized under the aegis of Shaheed Smarak Government Post Graduate College, Tigaon. The competition was conducted on the theme "Climate Change and Ozone Layer Depletion," in which Ishita showcased an excellent performance through her well-articulated ideas and deep understanding of the subject. For her commendable achievement, she was awarded a cash prize of ₹1000.

Upon returning to the college, the institution's President, Dr. O.P. Pruthi congratulated Ishita and wished her a bright and successful future. The Principal, Dr. Manjula Spah, also congratulated the winner and expressed that NSS volunteers of the college are continuously bringing laurels to the institution.

On this occasion, faculty members Ms. Monika, Ms. Rashmi, Ms. Meena Kalra, and Dr. Manita, along with the NSS Programme Officer Ms. Ruchika Vermani, extended their heartfelt congratulations to Ishita and appreciated her sincere efforts and dedication

NSS helps students develop confidence, communication skills, empathy, and a spirit of selfless service. The motto of NSS, "Not Me, But You," reflects the essence of dedication towards society and nation-building. Such achievements clearly demonstrate how NSS contributes to the holistic development and glorification of the personality of its volunteers.

Purpose: To foster Cultural exchange and skills

Students Involved: 01

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



राज्यस्तरीय निबंध लेखन स्पर्धा में इशिता उपविजेता

सोनीपत। राज्यस्तरीय निबंध लेखन प्रतियोगिता में उपविजेता रही इशिता का जीवीएम कन्या महाविद्यालय में स्वागत किया गया। प्रतियोगिता का आयोजन शहीद स्मारक राजकीय स्नातकोत्तर महाविद्यालय, तिगांव, फरीदाबाद में हुआ था।



27. Blood Donation Camp

September 17, 2025

Rusa Hall, GVMGC

The NSS Unit of GVM Girls College inaugurated its Seva Pakhwada with a Blood Donation Camp organized on the college campus. The camp witnessed an overwhelming response, with a total of 103 units collected, including significant participation from 55 students of the college. The initiative reflected the strong commitment of the NSS Unit towards humanitarian service and community welfare, reinforcing the spirit of compassion and social responsibility among the participants.

The camp was organized with the active support of the NSS Unit along with NCC, YRC, and the Outreach Program team. Students, along with teaching and non-teaching staff, participated enthusiastically in the drive. NSS Programme Officer Ms. Ruchika Vermani welcomed the guests and shared that the blood donation camp marked the beginning of various social service activities planned under Seva Pakhwada. She emphasized the life-saving significance of voluntary blood donation and encouraged healthy individuals to come forward and dispel misconceptions associated with it..

The Chairman of GVM Girls College Dr. O.P. Pruthi, Treasurer Mr. Rajesh Relan, and Principal Dr. Manjula Spah appreciated the dedicated efforts of the NSS Unit in successfully organizing the camp. They motivated students to continue participating in such meaningful initiatives and highlighted that blood donation is a supreme act of service that directly contributes to saving lives and strengthening society.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved :- 163

Staff incharge: Ms.Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



जीवीएम एनएसएस इकाई के सेवा पखवाड़ा में 103 यूनिट रक्तदान

संस्था प्रधान डा. ओपी परुथी ने दी प्रोत्साहना

जगत क्रान्ति सोनीपत

जीवीएम गर्ल्स कॉलेज की एनएसएस इकाई के संयोजन में सेवा पखवाड़ा की शुरुआत एक विशाल रक्तदान शिविर से हुई, जिसमें कुल 103 यनिट रक्त एकत्रित किया गया।



28.State Level Pre-RD Trial Camp

September 17, 2025

Meerpur, Rewari

The NSS Unit of GVM College, Sonipat, enthusiastically participated in the State Republic Day (RD) Pre-Trial Camp, marking a significant event dedicated to promoting patriotism, community service, and national unity. The camp provided a valuable platform for volunteers to engage in meaningful activities aimed at strengthening social consciousness, fostering cultural exchange, and serving the community. The active involvement of our volunteers reflected their dedication to the NSS cause and their commitment to bringing positive change in society.

A volunteer, Muskan of B.Sc. Non-Medical 3rd Year, and Reema of B.A. 2nd Year represented the NSS unit of the college and successfully got selected at the University level as well as for the State RD Camp. They actively participated in athletic and cultural events during the camp. Their enthusiasm, discipline, and commitment truly epitomized the core values of the National Service Scheme, showcasing their devotion to societal service, national integration, and communal harmony.

The President GVM Groups of Institution, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, commended the volunteers for their outstanding participation. They emphasized the importance of NSS in fostering national pride, unity, discipline, and leadership qualities among students.

NSS Programme Officer, Ms. Ruchika Vermani, also congratulated the volunteers and motivated them to continue striving for excellence and to uphold the spirit of selfless service.

Purpose: To foster patriotism, social responsibility, community engagement.

Beneficiaries: Students

Students Involved: 02

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS GVMGC

Category: #NSS#Student Involvement#Volunteer Spirit



29. State-Level 'Veer Gatha Vachan' Contest

September 19, 2025

Vaish College,
Bhiwani

The NSS Unit of GVM Girls College actively participated in the state-level 'Veer Gatha Vachan Pratiyogita' organized on the occasion of Shaheedi Diwas and NSS Foundation Day. The event was held at Vaish Mahavidyalaya, Bhiwani, in collaboration with the National Service Scheme (NSS). Volunteers from various institutions across the state assembled to pay heartfelt tribute to the brave martyrs of the nation through powerful and inspiring recitations of valiant tales.

Representing GVM Girls College, Lekha (B.Sc. Life Science 2nd Year) and Khushi (B.Sc. Computer Science 1st Year) participated in the competition with great enthusiasm and dedication. Through their expressive recitations, they honored the courage, sacrifice, and unwavering spirit of freedom fighters and soldiers. Their confident presentation, clarity of expression, and respect for national heroes reflected deep patriotic values. The event served as a meaningful platform to strengthen patriotic sentiments and reinforce the spirit of service and national pride among NSS volunteers.

The President GVM Group of Institutions, Dr. O.P. Pruthi, and the Principal of GVM Girls College, Dr. Manjula Spah, along with NSS Programme Officer Ms. Ruchika Vermani, appreciated the sincere efforts and commendable participation of the students. They encouraged the volunteers to continue upholding the ideals of bravery, discipline, selfless service, and national commitment.

Purpose: To foster Cultural exchange and skills

Students Involved: 02

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



30. Awareness Campaign on Nasha Mukti Yuva For Viksit Bharat

September 20, 2025

Auditorium, GVMGC

Under the Seva Pakhwada initiative, the NSS Unit of GVM Girls College organized a seminar on Drug De-Addiction in collaboration with the Government of India and the Brahma Kumaris. The programme was conducted with active participation from students and faculty, along with support from institutions under the GVM Group. The initiative aimed to spread awareness about the harmful effects of drug abuse and to promote a healthy, value-based lifestyle among youth.

NSS Programme Officer Ms. Ruchika Vermani shared that the seminar was part of the ongoing Seva Pakhwada activities carried out jointly with the NCC unit. The Youth Against Drugs and Tobacco Prohibition Cell also contributed actively to the campaign. Resource persons from the Brahma Kumaris delivered insightful sessions, emphasizing that addiction to substances or excessive mobile usage can negatively impact young minds. They encouraged students to adopt meditation, strong moral values, and positive company to stay away from harmful habits. An anti-drug pledge was also administered to reinforce collective responsibility.

The Chairman of GVM Girls College, Dr. O.P. Pruthi, Treasurer Mr. Rajesh Relan, and Principal Dr. Manjula Spah congratulated the NSS unit for successfully organizing the seminar. They emphasized the importance of united efforts in eradicating drug addiction from society and encouraged students to uphold strong values and actively contribute to building a healthier nation.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved: 145

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





नशे को जड़ से खत्म करने पर दिया जोर



जीवीएम कन्या महाविद्यालय में नशे के विरुद्ध शपथ लेती महिलाएं। स्रोत: कॉलेज

31. Visit to Rai Balgram: Cloth Donation Drive

21 September, 2025

Rai Balgram, Sonipat

The NSS Unit of GVMGC organized a visit to Rai Balgram as part of its social outreach activities. The primary objective of this visit was to conduct a Cloth Donation Drive and extend meaningful support to the children residing at the institution. The initiative reflected the humanitarian spirit and compassionate outlook of the NSS Unit toward community welfare.

The students meticulously collected and arranged clothes beforehand, ensuring that all donations were clean, well-sorted, and in proper condition. Upon reaching Rai Balgram, the NSS volunteers were warmly welcomed by the staff and children. The donated clothes were distributed systematically according to age and size so that each child received appropriate items with dignity and care.

Beyond the act of donation, the volunteers spent quality time with the children, engaging them in interactive sessions, meaningful games, and cheerful conversations. The atmosphere became lively and heartwarming as laughter and joy filled the surroundings.

The President GVM Group of Institutions, Dr. O.P. Pruthi, The Principal of GVM Girls College, Dr. Manjula Spah, and NSS Programme Officer, Ms. Ruchika Vermani, appreciated the efforts and commitment of the volunteers towards community service. The words of encouragement from the Principal served as a source of inspiration for the students to continue their journey of serving society with dedication and sincerity.

Purpose: Social Outreach and serving society

Beneficiaries:- students and society

Student Involved: 24

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.





जीवीएम की एनएसएस की स्वयंसेविकाओं
ने उन्नत भारत अभियान के तहत बाल ग्राम
राई में लगाया एक दिवसीय शिविर

सवेरा न्यूज/योगेश सूद,
सोनीपत : उन्नत भारत
अभियान के तहत जीवीएम
स्वयंसेविकाओं की संयोजित



32. NSS Day Celebration

September 24, 2025

Vishwa Kalyan
Sarovar, Murthal

The NSS Unit of GVM Girls College commemorated the 57th Foundation Day of the National Service Scheme (NSS) on September 24, 2025, with great enthusiasm and a strong spirit of service. The celebration was organized around the inspiring theme, "NSS: Building the Nation." To mark the occasion, the volunteers visited Vishwa Kalyan Sarovar, Murthal, the serene spiritual campus of the Brahma Kumaris. A special seminar was conducted for the volunteers, featuring enlightening discussions on various social issues.

The programme was organized under the able leadership of the NSS Programme Officer, Ms. Ruchika Vermani, with valuable support and contribution from faculty member Ms. Meena Kalra. As part of the celebration, the NSS volunteers also visited a Gaushala (cow shelter) and rendered their services with dedication and compassion. Following the seminar, the NSS team toured the Vishwa Kalyan Sarovar campus, where they were warmly welcomed by BK Satish Bhai Ji, BK Kashika Didi, BK Surbhi Didi, BK Archana Didi, and BK Tanvi Didi. The interactive session proved to be both enlightening and inspiring. Speakers from the Brahma Kumaris encouraged the volunteers to adopt meditation and spiritual practices as effective tools for stress management, emotional balance, and inner peace.

On this significant occasion, the Institution's President Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, extended their heartfelt greetings and best wishes to the entire NSS team, appreciating their dedication, enthusiasm, and commitment to social service.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved :- 31

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





33. Inter-College Debate Competition

September 24, 2025

**SRM University,
Delhi NCR, Sonapat**

Demonstrating the excellence and dynamic spirit of its NSS Unit, GVM Girls College secured the Third Position in the Inter-University and Inter-College Debate Competition organized under the aegis of SRM University, bringing pride and recognition to the institution.

Under the guidance of the NSS Programme Officer, Ms. Ruchika Vermani, and with the support of faculty member Ms. Meena Kalra, the volunteers participated in the prestigious competition that featured 21 teams from reputed institutions including Delhi University, Guru Gobind Singh Indraprastha University, Deenbandhu Chhotu Ram University, and Khalsa College, among others. The debate revolved around the thought-provoking topic, "Can Artificial Intelligence Replace Human Efforts in Community Service?"

Representing the college, the team comprises Anuradha (B.A. II Year), Anushka (B.Com II Year), and Dimple (B.A. I Year) secured the third position with their well-articulated arguments and confident presentation. Another team consisting of Lavisha, Twinkle, and Nishtha also performed commendably and advanced to the second round, narrowly missing a place among the top three finalists.

On their return, the Institution's President, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, congratulated the achievers and appreciated the NSS Unit for consistently encouraging students to participate in academic and co-curricular platforms that strengthen leadership, critical thinking, and communication skills.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Students Involved: 06

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit

जीवीएम कन्या महाविद्यालय में प्रिंसिपल ने किया टीम का स्वागत

सोनीपत। अंतर विश्वविद्यालय-महाविद्यालय वाद-विवाद प्रतियोगिता में तीसरे स्थान पर रहने वाली छात्राओं का जीवीएम कन्या महाविद्यालय में स्वागत किया गया। प्रतियोगिता का आयोजन एसआरएम विश्वविद्यालय के तत्वावधान में किया गया था।

महाविद्यालय की एनएसएस कार्यक्रम अधिकारी रुचिका विरमानी व सहयोगी प्राध्यापिका मीना कालरा ने बताया कि प्रतियोगिता में दिल्ली विश्वविद्यालय, मुरथल विश्वविद्यालय, खालसा महाविद्यालय सहित विभिन्न शिक्षण संस्थानों की 21 टीमों ने भाग लिया था।

प्रतियोगिता में जीवीएम की दो टीमों ने भाग लिया। अनुराधा, अंशुका, डिंपल की टीम तृतीय रही जबकि लविशा, ट्विंकल, निष्ठा की टीम दूसरे राउंड तक पहुंची।



सोनीपत के जीवीएम कन्या महाविद्यालय में प्राचार्य डॉ. मंजूला स्याह व स्टाफ सदस्यों के साथ वाद-विवाद प्रतियोगिता में तृतीय स्थान पाने वाली छात्राएं। स्रोत : महाविद्यालय

सड़क सुरक्षा और प्राकृतिक आपदा प्रबंधन पर किया जागरूक

महाविद्यालय की ओर से सड़क सुरक्षा जागरूकता व प्राकृतिक आपदा प्रबंधन विषय पर दून वरिष्ठ माध्यमिक विद्यालय में संगोष्ठी का आयोजन किया गया। प्राध्यापिका डॉ. पिकी दहिया ने विद्यार्थियों को सड़क सुरक्षा जागरूकता व प्राकृतिक आपदा प्रबंधन विषय



सोनीपत। कार्यक्रम के दौरान छात्राओं के साथ कॉलेज स्टाफ। फोटो : हरिभूमि



34. National Level Online Quiz Competition

September 24, 2025

MDU, Rohtak

The NSS Unit of GVM Girls College actively participated in the National Level Online Quiz Competition organised on 24th September 2025 to commemorate National Service Scheme Day. The quiz was conducted by Maharshi Dayanand University, Rohtak under the banner of Viksit Bharat Abhiyan (1947-2047). Demonstrating enthusiasm and commitment, 11 NSS volunteers from the college took part in the competition and successfully earned Participation Certificates.

The online quiz aimed to spread awareness about the values, objectives, and contributions of the National Service Scheme. Each participant was given 16 minutes to complete the quiz. E-certificates were awarded to all participants, encouraging volunteers to strengthen their knowledge and deepen their understanding of NSS and its role in nation-building. Through such initiatives, NSS continues to nurture responsible, compassionate, and socially aware individuals committed to serving humanity.

The President of GVM Girls College, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani appreciated the sincere efforts of the participating volunteers. They encouraged students to continue engaging in such meaningful activities that promote leadership, responsibility, and the true spirit of NSS "Not Me, But You." They emphasized that NSS provides a meaningful platform for young volunteers to develop leadership skills, social awareness, and a deep sense of civic responsibility.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Student Involved: 11

**Staff incharge: Ms. Ruchika Vermani, Programme Officer,
NSS,GVMGC**

Category:- #NSS#Student Involvement#Volunteer Spirit



1

MAHARSHI DAYANAND UNIVERSITY, ROHTAK
NATIONAL SERVICE SCHEME CELL
organizes

National Level Online Quiz Competition

on the occasion of

National Service Scheme Day

24th September, 2025

Quiz open for all NSS Volunteers from 12:00 AM to 11:59 PM

Rules & Guidelines

- Quiz is open for all NSS Volunteers of India
- Each Participant will have 16 minutes to complete the Quiz
- E-Certificates for all the participants
- First, Second & Third position will get special certificate
- The decision of the organizing committee will be final & binding.



For any query related to
OnlineQuiz Competition
Contact on :
Co.nss@mdurohtak.in

35. Video-Making Contest On the Occasion Of NSS Day

September 24, 2025

MDU, Rohtak

The NSS unit of GVM Girls College participated in the Video-Making Contest organised by the NSS Cell of Maharshi Dayanand University, Rohtak on the occasion of National Service Scheme Day. The competition provided a platform for NSS volunteers to creatively present their journey of selfless service and social contribution through short videos.

Lakshita, a B.Com 3rd Year student and NSS volunteer from GVM Girls College, secured the 2nd position and was awarded a cash prize of Rs. 400 for her impressive presentation. The contest was based on the theme "My NSS Journey," where participants highlighted their experiences, learning, and the impact of their voluntary work. Entries were judged on creativity, originality, and effectiveness of the message.

The NSS nurtures creativity and humanity by inspiring volunteers to think beyond themselves and serve society with compassion and innovation. It provides a vibrant platform where young minds develop leadership, teamwork, communication skills, and a strong sense of social responsibility.

The President of GVM Girls College, Dr. O.P. Pruthi, Principal Dr. Manjula Spah, and NSS Programme Officer Ms. Ruchika Vermani congratulated Lakshita on her achievement. They appreciated her efforts and encouraged NSS volunteers to continue participating actively in such initiatives that strengthen leadership and commitment towards society.

Purpose: To foster learning and creativity skills

Beneficiaries:- students and society

Student Involved: 01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



MAHARSHI DAYANAND UNIVERSITY, ROHTAK
(A State University established under Haryana Act no. XXV of 1975)
"A+" Grade University Accredited by NAAC



NATIONAL SERVICE SCHEME CELL
ORGANISES

VIDEO-MAKING CONTEST
on the occasion of
NATIONAL SERVICE SCHEME DAY

SEPTEMBER 24, 2025

- Open for all current NSS volunteers
- Video must be based on "my NSS journey"
- Duration 60-90 seconds
- All content must be original
- Refer to google form for more guidelines.
- Prizes will be given to the winners



OR CODE FOR FORM

SUBMIT BETWEEN 10AM-10PM ON 24TH SEPTEMBER

Notification

It is hereby notified that the results of the **National Level Online Video Making Contest** on the theme "**My NSS Journey**" have been officially declared.

The contest received enthusiastic and commendable participation from **25 candidates** representing various **States and Union Territories across India**. The primary objective of this event was to encourage participants to creatively showcase their personal experiences, learnings, and contributions as members of the National Service Scheme (NSS), thereby promoting the spirit of community service, social responsibility, and youth empowerment.

After careful evaluation by the designated panel, the following participants have secured the top positions:

Sr. No.	Position	Name of Winner	Father's Name	University/College/Institute	State/UT	Prize Money (₹)
1	1st Position	Ishika	Sh. Pawan Kumar	UTD, Maharshi Dayanand University, Rohtak, Haryana	Haryana	₹500/-
2	2nd Position	Lakshita	Sh. Manish Singhal	G.V.M. Girls' College, Sonipat, Haryana	Haryana	₹400/-
3	3rd Position	Tannu	Sh. Mohan Singh	V.A.S.M.M. Bahadurgarh, Jhajjar	Haryana	₹250/-

36. National Level Essay Writing Competition

29 October, 2025

Dyal Singh College,
Karnal

A National Level Essay Writing Competition was organised on the occasion of the 57th NSS Day to promote the spirit of creative expression and meaningful writing among youth. Topics such as Swachhata Hi Seva, Youth for a Drug-Free Society, NSS: Not Me But You, and Youth for My Bharat highlighted the commitment of NSS towards community service and awareness.

Priya Kashyap, an active NSS volunteer and third-year B.Com (Hons) student of GVM Girls College, secured the first position in the National Level Essay Writing Competition. Competing at the national level, she stood out among participants for her impactful writing and clarity of thought. She was awarded a cash prize of Rs. 700 for her outstanding performance, bringing pride to the NSS unit through her dedication and participation.

The President GVM Groups of Institutions, Dr. O.P. Pruthi, and Principal, Dr. Manjula Spah, congratulated Priya on her remarkable achievement and extended their best wishes for her bright future. NSS Programme Officer Ms. Ruchika Vermani appreciated the role of NSS in shaping responsible and confident individuals and encouraged volunteers to continue contributing actively to society through such meaningful platforms.

Through community engagement and creative initiatives, NSS shapes confident, empathetic individuals dedicated to building a better and more humane world.

Purpose: To foster Cultural exchange and skills

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.

प्रिया ने जीती निबंध लेखन स्पर्धा

संवाद न्यूज एजेंसी

सोनीपत। राष्ट्रीय निबंध, लेखन प्रतियोगिता में प्रथम रहने वाली एनएसएस स्वयंसेविका प्रिया कश्यप का जीवीएम कन्या महाविद्यालय में स्वागत किया गया। संस्था के प्रधान डॉ. ओपी परूथी, प्राचार्य डॉ. मंजुला स्पाह ने उनके उज्ज्वल भविष्य की कामना की।

महाविद्यालय की एनएसएस इकाई की

कार्यक्रम अधिकारी रुचिका विरमानी ने बताया कि करनाल स्थित दयाल सिंह महाविद्यालय में 57वें एनएसएस दिवस के उपलक्ष्य में राष्ट्रीय निबंध लेखन प्रतियोगिता आयोजित की गई थी।

स्वच्छता ही सेवा, नशा मुक्त समाज के लिए युवा भूमिका, एनएसएस मैं नहीं, बल्कि आप, मेरे भारत के लिए युवा विषय पर हुई प्रतियोगिता में प्रिया कश्यप ने पहला स्थान हासिल किया।



37. Swachhhta Pledge

September 29, 2025

GVMGC, Sonapat

The NSS Unit of GVM Girls College organized a "Swachhhta Pledge" ceremony as part of the ongoing Swachhata Hi Seva campaign. The event aimed to spread awareness about cleanliness, hygiene and environmental responsibility among students and staff members.

The ceremony began with an inspiring address by the Principal, Dr. Manjula Spah highlighting the importance of cleanliness in building a healthy and prosperous nation. She urged everyone to contribute to Honorable Prime Minister Sh Narendra Modi's vision of a "Clean India." Volunteers enthusiastically participated in the event holding placards and chanting slogans like "Clean India, Green India" and "Swachhhta is Service."

The Principal, Dr. Manjula Spah, NSS Programme Officer, Ms. Ruchika Vermani, Faculty members and students assembled in the college auditorium to take the Swachhhta Pledge, vowing to keep their surroundings clean and motivate others to do the same. The pledge emphasized the duty of every citizen to maintain cleanliness in homes, workplaces and public places.

The President GVM Group of Institutions, Dr. OP Pruthi encouraged volunteers to actively participate in cleanliness drives organized by the college. He also reminded them that cleanliness is not just a one-day activity but a continuous responsibility.

The event concluded with a collective commitment to sustain cleanliness efforts and make the campus a model of hygiene and eco-friendliness.

Purpose: To foster a sense of belonging and awareness about cleanliness.

Beneficiaries:- students and society

Student Involved: 43

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



38. Cleanliness Drive

October 3, 2025

GVMGC Campus

Under the dedicated efforts of the NSS unit of GMGC, the volunteers carried out a special cleanliness drive on the occasion of Gandhi and Shastri Jayanti. The birth anniversaries of the Father of the Nation, Mahatma Gandhi, and former Prime Minister Late Lal Bahadur Shastri were commemorated with great respect and enthusiasm.

The volunteers actively participated by sweeping and collecting garbage from various key areas of the college premises as part of the campaign. Their sincere involvement demonstrated discipline, unity, and a deep sense of social commitment. Additionally, a meaningful program was organized wherein students delivered speeches highlighting the lives, ideals, and teachings of both great leaders. They emphasized Mahatma Gandhi's messages of truth, non-violence, and cleanliness, along with Shastri Ji's simplicity, honesty, and his inspiring slogan "Jai Jawan, Jai Kisan."

On this occasion, the Principal, Dr. Manjula Spah, stated that the cleanliness drive reflects Gandhi Ji's dream of a disciplined and clean society. She emphasized that cleanliness should be an integral part of our daily lives and must be viewed as a continuous and collective responsibility.

The Chairman of the Institution, Dr. O.P. Pruthi, and Principal, Dr. Manjula Spah extended their greetings on the occasion and motivated the students to imbibe the noble ideals and teachings of these great leaders in their lives, urging them to move forward with dedication, discipline, and a strong sense of purpose. NSS Programme Officer Ms. Ruchika Vermani appreciated the efforts of the volunteers.

Purpose: To foster Cultural exchange and skills.

Beneficiaries:- students and society

Student Involved: 16

Staff incharge: Ms. Ruchika Vermani, Programme Officer,
NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



39. A Lecture on Social Media

3 October, 2025

Conference Hall, GVMGC

The NSS unit of GVM Girls College organized a lecture on the topic "The Emerging Importance of Social Media in the Contemporary Academic and Research Environment." The keynote address was delivered by Dr. Kamal Dua, Associate Professor at the University of Technology Sydney, Australia.

Ms. Ruchika Vermani, Programme Officer of the NSS unit, introduced the distinguished speaker, highlighting his remarkable achievements as a leading researcher who was recently recognized as the No. 1 Researcher in the field of Pharmacology and Pharmacy in Australia.

During his address, Dr. Kamal Dua shared valuable insights on the topic and emphasized the power of social media in professional growth. He also pointed out how social media can be effectively used to access and benefit from various government schemes and opportunities.

The Institution's President Dr. O.P. Pruthi and Principal Dr. Manjula Spah congratulated the NSS unit on the successful organization of the event. Principal Dr. Manjula Spah stated that Dr. Dua's address proved to be highly informative and enriching for both students and faculty members. She expressed gratitude to Dr. Dua for his enlightening talk and presented him with a memento as a token of appreciation. On this occasion, faculty members Ms. Kirti Satija and Ms. Meena Kalra were also present. Through such initiatives, NSS continues to nurture responsible, compassionate, and socially aware individuals committed to serving humanity.

Purpose: To discuss the importance of Social Media

Beneficiaries:- students and society

Students Involved: 78

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





40. Visited Diwali Mela: To Support Underprivileged Children

4 October 2025

Sector 12, Community Centre

The NSS Unit of G.V.M. Girls College, Sonipat, visited the Diwali Mela organized by the Spread Smile Foundation at Sector 12, Community Centre, Sonipat. The visit was conducted as part of an NSS field activity aimed at extending support and encouragement to underprivileged children.

A group of 26 NSS volunteers participated enthusiastically in the visit, contributing their time and efforts to motivate the children through meaningful interaction and engagement. During the visit, the volunteers took part in a range of activities designed to bring joy and learning experiences to the children. These included interactive games, art and craft sessions, storytelling, dance and music activities, and appreciation of the children's handmade creative items. Volunteers also purchased these items to encourage the young participants and support their efforts.

Through this initiative, the volunteers gained valuable insights into the lives and challenges of underprivileged children while learning the importance of empathy, compassion, and community service. The event served as a platform to promote values of social responsibility and human connection.

The G.V.M. Group of Institution's Head, Dr. O. P. Pruthi, Principal, Dr. Manjula Spah, and NSS Programme Officer, Ms. Ruchika Vermani, extended their blessings and appreciation to the volunteers for their dedicated participation and compassionate approach. Their continued guidance inspires NSS members to uphold the true spirit of service, humanity, and volunteerism.

Purpose: To extend support and encouragement to underprivileged children through NSS field activities.

Beneficiaries: Underprivileged Children

Students Involved: 26

Staff Incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category: #NSS #Studentinvolvement #Community Service #VolunteerSpirit





जीवीएम की एनएसएस इकाई ने जरूरतमंद बच्चों की सहायतार्थ आयोजित दिवाली मेले का भ्रमण कर दिया प्रोत्साहन



जीवीएम की एनएसएस इकाई जरूरतमंद बच्चों की सहायतार्थ आयोजित दिवाली मेले का भ्रमण करते हुए।

सवेरा न्यूज/योगेश सूद सोनीपत : जीवीएम गर्ल्स कालेज की एनएसएस इकाई ने कार्यक्रम अधिकारी रूचिका विरमानी के नेतृत्व में जरूरतमंद बच्चों की सहायतार्थ आयोजित दिवाली मेले का भ्रमण कर उनको प्रोत्साहन दिया। जीवीएम संस्थाओं के प्रधान डा. ओपी परुथी व प्राचार्या डा. मंजुला स्पाह ने इस पुनीत कार्य के लिए एनएसएस इकाई की विशेष रूप से सराहना की। स्प्रैड स्मार्टल फाउंडेशन के तत्वावधान में जरूरतमंद बच्चों की मदद के लिए दिवाली मेले का आयोजन किया, जिसमें विशेष रूप से जरूरतमंद बच्चों द्वारा हस्तनिर्मित वस्तुओं को प्रदर्शित किया गया। जीवीएम की एनएसएस इकाई ने दिवाली मेले का विशेष रूप से भ्रमण किया। कार्यक्रम अधिकारी रूचिका विरमानी के नेतृत्व में स्वयंसेविकाओं अनुराधा, लक्षिता, निहारिका, पलक, खुशी, कशिश और रीना आदि ने मेले का दौरा करते हुए बच्चों की बनाई वस्तुओं की खरीददारी करते हुए उन्हें प्रोत्साहन दिया। साथ में स्वयंसेविकाओं ने आयोजित गेम्स में भी हिस्सा लिया और इनोवेटिव आइडियाज का आदान-प्रदान किया। कार्यक्रम अधिकारी रूचिका विरमानी ने दिवाली मेले के सफल आयोजन के लिए संयोजकों नितिन, प्रियंका और मीनू ग़ोवर को बधाई दी। स्वयंसेविका कशिश व पलक ने कहा कि हस्तनिर्मित वस्तुओं ने उन्हें बेहद आकर्षित किया है। इन बच्चों को समाज की प्रमुख धारा से जोड़ने के लिए सक्षम लोगों को आगे आकर मदद करनी चाहिए।

41. Audit Report

**16 October &
17 October 2025**

**C.R.A College,
Sonipat**

NSS Programme Officer Ms. Ruchika Vermani and the NSS Unit of GVM Girls College played a proactive role in the high-level third-party evaluation conducted by the National Institute of Public Finance and Policy (NIPFP) at C.R.A. College, Sonipat.

Representing one of the leading units under the Ministry of Youth Affairs and Sports, our volunteers and Programme Officer actively engaged in detailed interactions and comprehensive questionnaire sessions with the evaluation team. By providing vital on-ground insights and sharing the successful implementation models of our unit's community projects, GVMGC contributed significantly to the assessment process intended to refine the National Youth Policy and the NSS Manual.

Through this participation, the unit gained a deeper understanding of the importance of structured documentation, impact assessment, and the alignment of local activities with national developmental goals. The session served as a great learning platform for our volunteers to understand the broader policy framework of the NSS and how their individual efforts contribute to nationwide systemic improvements.

The President GVM Group of Institutions, Dr. O.P. Pruthi, and Principal Dr. Manjula Spah commended the unit for its professional representation, noting that such engagements empower the NSS to evolve with a more disciplined and impact-driven approach toward youth development.

Purpose: To Assess the functioning of NSS

Beneficiaries:- students and society

Students Involved: 10

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



42. National-Level Short Film Making Competition

28 October 2025

**Manohar Memorial
College, Fatehabad**

In a remarkable achievement Lakshita, an NSS volunteer from GVM Girls College has secured the first prize in the National-Level Short Film Making Competition. The competition was organised under the aegis of the NSS Unit of Manohar Memorial College, Fatehabad.

The winning short film was based on the theme "My Journey as an NSS Volunteer" for which Lakshita, third-year student of B.Com (Hons) was awarded a cash prize of Rs.3100. The Principal, Dr. Manjula Spah praised Lakshita for bringing laurels to the college, adding that she has previously earned distinctions in various NSS activities as well. She encouraged other volunteers to continue contributing actively to national service and nation-building.

The Chairman of GVM Girls College, Dr. O.P. Pruthi and Principal, Dr. Manjula Spah congratulated her and extended their best wishes for her bright future. NSS Programme Officer, Ms. Ruchika Vermani highlighted that NSS provides an excellent platform for the overall personality development of students.

Through activities such as awareness campaigns, digital poster-making, content creation, report writing, social media outreach, and event management, NSS fosters both creative thinking and digital skills. It encourages volunteers to design solutions for real social issues, enhancing their communication, leadership, technical abilities, and confidence. By blending service with innovation, NSS transforms young minds into creative, skilled, and socially responsible individuals.

Purpose: To foster digital skills and creativity in youth

Beneficiaries:- students and society

Student Involved: 06

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.

शॉर्ट फिल्म मेकिंग में लक्षिता को प्रथम पुरस्कार

जासं, सोनीपत : नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपीटिशन में जीवीएम कन्या महाविद्यालय की एनएसएस की स्वयंसेविका लक्षिता ने प्रथम पुरस्कार जीता। संस्था के प्रधान डा. ओपी परुथी व प्राचार्य डा. मंजुला स्पाह ने लक्षिता को बधाई दी। एनएसएस इकाई की कार्यक्रम अधिकारी रुचिका विरमानी ने बताया कि मनोहर



जीवीएम की लक्षिता ने नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपटीशन में जीता प्रथम पुरस्कार

सोनीपत (जगमार्ग न्यूज)। नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपटीशन में जीवीएम गर्ल्स कालेज की एनएसएस की स्वयंसेविका लक्षिता ने प्रथम पुरस्कार जीता। संस्था के प्रधान डॉ. ओपी परुथी व प्राचार्या डॉ. मंजुला स्पाह ने लक्षिता को बधाई देते हुए उनके उज्ज्वल भविष्य की कामना की। जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी रुचिका विरमानी ने बताया कि मनोहर मेमोरियल कालेज फतेहाबाद की एनएसएस इकाई के तत्वावधान में नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपटीशन का आयोजन किया गया जिसका परिणाम



जीवीएम की लक्षिता ने नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपीटिशन में जीता प्रथम पुरस्कार

सवेरा न्यूज/योगेश सूद सोनीपत : नेशनल लेवल शॉर्ट फिल्म मेकिंग कंपीटिशन में जीवीएम गर्ल्स कालेज की एनएसएस की स्वयंसेविका लक्षिता ने प्रथम पुरस्कार जीता। संस्था के प्रधान डा. ओपी परूथी व प्राचार्या डा. मंजुला स्पाह ने लक्षिता को बधाई देते हुए उनके उज्वल भविष्य की कामना की। जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी रूचिका विरमानी ने



विजेता लक्षिता।



MANOHAR MEMORIAL COLLEGE

FATEHABAD

National Service Scheme (NSS)

Not Me But You

National Level Short Film Making Competition

Certificate

This is to certify that **Ms. Lakshita**, a student of **GVM Girls College, Senipat** has actively participated in the **National Level Short Film Making Competition** organised by NSS Units, M.M. College, Fatehabad held on 28-10-2025. Their enthusiasm and contribution are highly appreciated. She secured **1st** Position.


Dr. Vikesh Sethi
PO, NSS (Boys)


Prof. Pratibha Makhija
PO, NSS (Girls)


Dr. Gurcharan Dass
Principal

43. National Adventure Camp

**29 October-
November, 2025**

**Manali, Himachal
Pradesh**

An NSS Volunteer of GVM Girls College, Anuradha delivered an impressive performance at the National Adventure Camp held in Manali. The camp was organised under the Ministry of Youth Affairs and Sports, in collaboration with the Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali.

A total of 20 volunteers from Haryana were selected for the camp including Eight from MDU Rohtak. Anuradha, a second-year B.A. student of Gvm Girls College was prominently chosen among them. Sharing her experience, Anuradha said, she undertook a 75-kilometre trek and successfully climbed to an altitude of 10,000 feet. She also participated in adventure activities such as rock climbing, artificial wall climbing, river rafting and trekking along with visiting the famous Hidimba Temple.

Through participation in adventure camps, trekking expeditions, physical training activities, and outdoor challenges, volunteers develop stamina, courage, discipline, and team spirit. Such experiences push them beyond their comfort zones, strengthen their mental and physical endurance, and nurture leadership qualities.

The President of Gvm Group of Institutions, Dr. O.P. Pruthi and the Principal, Dr. Manjula Spah congratulated her on this remarkable achievement. Ms.Ruchika Vermani, Programme Officer of the NSS Unit encouraged her for the efforts. She expressed pride in being a part of the camp, calling it a unique and memorable experience made possible through her association with NSS.

Purpose: To build physical resilience and foster Cultural exchange

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



नैशनल एडवेंचर कैंप में अनुराधा का दमदार प्रदर्शन

जी.वी.एम. गर्ल्स कालेज की
एन.एस.एस. की स्वयंसेविका अनुराधा

Registration No. 566707

GOVERNMENT OF HIMACHAL PRADESH



हिमाचल प्रदेश सरकार

ATAL BIHARI VAJPAYEE INSTITUTE OF MOUNTAINEERING AND ALLIED SPORTS MANALI-175131 HP

CERTIFICATE ADVENTURE CAMP

COURSE NO: 906TH

NAME: ANURADHA D/O DEVENDER SINGH
National Service Scheme (NSS) - Govt. Of India


PERIOD: 27/10/2025 TO 07/11/2025


ADDRESS: GVM GIRLS COLLEGE SONIPAT
-131001

He /She has successfully completed the Adventure Camp and acquired proficiency in elementary skills of Rock Climbing, Rappelling, River Crossing, Trekking, Camping, Mountain Rescue Methods, Social Awareness and Leadership.

The Adventure Training was conducted in the wilderness of the Himalayas. The trainee was found physically fit, cooperative, disciplined and well behaved. Trekked 75 kilometers and attained 10600 feet height.


Course Incharge
Atal Bihari Vajpayee Institute of


Training officer
Atal Bihari Vajpayee Institute of


Director
Atal Bihari Vajpayee Institute of

44. National Integration Camp

**4 November-10
November, 2025**

MDU, Rohtak

Under the National Service Scheme (NSS), a grand National Unity Camp was recently organised at Maharshi Dayanand University, Rohtak (Haryana). Youth from various parts of the country participated and worked together, promoting national unity through cultural, social and intellectual activities.

NSS Volunteer, Muskan, B.Sc. (Non-Medical) third-year student of GVM Girls College actively participated in the programme and earned praise for her commendable performance. She achieved remarkable success in several competitive events securing second place in the Lemon race, third place in group dance and Tug of war.

Her outstanding achievements not only brought glory to the institution but also inspired other volunteers. The President of GVM Group of Institutions, Dr. O.P. Pruthi and the Principal, Dr. Manjula Spah congratulated Muskan for this proud accomplishment. NSS Programme Officer Ms. Ruchika Vermani praised the efforts of the students.

The camp saw participation from NSS volunteers across 11 states including Assam, Andhra Pradesh, Kerala, Jammu & Kashmir, Meghalaya, New Delhi, Odisha, Puducherry, Tamil Nadu, West Bengal and Haryana. Participants shared their diverse cultural backgrounds, traditions, languages, food habits and social practices, enriching their understanding of India's unity in diversity.

Purpose: To foster Cultural exchange and skills.

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



राष्ट्रीय एकता शिविर में छाई जीवीएम गर्ल्स कॉलेज की छात्रा मुस्कान

जगमार्ग न्यूज

सोनीपत। राष्ट्रीय सेवा योजना के अंतर्गत महर्षि दयानंद विश्वविद्यालय, रोहतक (हरियाणा) में पिछले दिनों राष्ट्रीय एकता शिविर का भव्य आयोजन किया गया। यह शिविर स्टेट एनएसएस सेल तथा उच्च शिक्षा विभाग, हरियाणा



ने न केवल संस्थान का गौरव बढ़ाया, बल्कि अन्य प्रतिभागियों के लिए प्रेरणा



सरकार
भारत सरकार
Government of India
युवा कार्यक्रम और खेल मंत्रालय
Ministry of Youth Affairs & Sports
राष्ट्रीय सेवा योजना
National Service Scheme

Sr. No. 333

राष्ट्रीय एकता शिविर / NATIONAL INTEGRATION CAMP

प्रमाण-पत्र / CERTIFICATE

Certified that Mr./Ms. MUSKAN Son/Daughter of Shri MR. AMIT KUNDU
NSS Volunteer of GITA VIDYA MANDIR GIRLS COLLEGE, SONIPAT
State/Union Territory HARYANA has attended the National Integration Camp
organized by Maharshi Dayanand University, Rohtak, Haryana in collaboration with State NSS Cell,
Department of Higher Education, Government of Haryana from November 04-10, 2025 at Maharshi
Dayanand University, Rohtak, Haryana.

He/She has participated in GROUP DANCE COMPETITION and secured THIRD position.



S. Rathi
Programme Coordinator NSS
M. D. University, Rohtak



State NSS Officer
Haryana, Panchkula



Regional Director
(Saurashtra Region)



Vice Chancellor

45. 150th Anniversary of National Song Vande Mataram

7 November, 2025

Conference Hall, GVMGC

The NSS Unit of GVM Girls College celebrated the 150th anniversary of the national song Vande Mataram with great enthusiasm and patriotic fervour. During the programme, NSS volunteers presented various cultural performances filled with patriotism.

NSS Volunteer, Tannu presented a melodious patriotic song, Dimple delivered a speech, Sakshi recited a poem and Reema captivated the audience with her dance performance on a patriotic theme. NSS Programme Officer, Ms. Ruchika Vermani informed that a live telecast of Prime Minister Narendra Modi's national address was shown during the programme along with a short film depicting the glorious history of India. She also added that the event was organised in collaboration with the Department of Art and Cultural Affairs, Haryana.

Addressing the gathering, Principal, Dr. Manjula Spah said that celebrating the anniversary of Vande Mataram is a matter of pride. She highlighted the historical significance of the song, stating that it symbolises the courage and struggle of India's freedom fighters. She reminded the students that the song composed by Bankim Chandra Chattopadhyay reflects the strength, diversity, discipline and patriotism of the nation. On this occasion, The Chairman of GVM Girls College, Dr. O.P. Pruthi and Principal, Dr. Manjula Spah congratulated the NSS team for the successful organisation of the commemorative event.

Through such initiatives, NSS continues to nurture responsible, compassionate, and socially aware individuals committed to serving humanity. NSS shapes confident, empathetic individuals dedicated to building a better and more humane world.

Purpose: To foster discipline and patriotism of the nation.

Beneficiaries:- students and society

Student Involved:-95

Staffincharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





जीवीएम की एनएसएस इकाई ने राष्ट्रीय गीत वंदे मातरम की 150वीं जयंती को स्मरणोत्सव के रूप में मनाया

सवेरा न्यूज/सुनील कुमार

सोनीपत, 7 नवंबर : जीवीएम गलर्ज कालेज की एनएसएस इकाई ने हर्षोल्लास के साथ राष्ट्रीय गीत वंदे मातरम का स्मरणोत्सव मनाया। संस्था के प्रधान डा. ओपी परूथी व प्राचार्या डा. मंजुला स्याह ने सफल आयोजन के साथ वंदे मातरम की 150वीं जयंती की बधाई दी।

राष्ट्रीय गीत वंदे मातरम के 150 वर्ष पूर्ण होने पर जीवीएम की एनएसएस इकाई के तत्वावधान में



कार्यक्रम में शामिल छात्राएं।

अध्यक्षता एनएसएस इकाई की कार्यक्रम अधिकारी रुचिका विरमानी ने की। इस दौरान एनएसएस की स्वयंसेविकाओं ने देशभक्ति से

की कार्यक्रम अधिकारी रुचिका विरमानी ने बताया कि कार्यक्रम में प्रधानमंत्री के राष्ट्रीय समारोह का सीधा प्रसारण किया गया। साथ ही

46. National Integration Camp

**11 November -
17 Nov, 2025**

**Kurukshetra
University**

NSS Volunteer, Anushka, B.Com second-year, student of GVM Girls College, Sonipat brought laurels to the institution by securing the second position in the Declamation Competition held during the National Integration Camp organised by Kurukshetra University, Kurukshetra from November 11 to 17.

The National Integration Camp witnessed participation from volunteers across several states and regions including Haryana, Assam, Chhattisgarh, Bihar, Gujarat, Rajasthan, Delhi, Jammu & Kashmir, Himachal Pradesh, Uttarakhand, Jharkhand, Madhya Pradesh, Punjab, Guwahati, Bengaluru, Uttar Pradesh, Chandigarh and Maharashtra.

The President of GVM Group of Institutions, Dr. O.P. Pruthi and Principal, Dr. Manjula Spah congratulated Anushka for her remarkable achievement and extended their best wishes for her bright future. NSS Programme Officer, Ms. Ruchika Vermani informed that she was selected to represent the college at the camp held under the theme "Ek Bharat Shreshtha Bharat". She won second position in the declamation contest and actively participated in various activities conducted throughout the camp.

By combining service and skill-building NSS shapes confident, resilient, and well-rounded individuals prepared to face life's challenges with determination and positivity.

Purpose: To foster Cultural exchange and promote national integration

Beneficiaries:- students and society

Staffincharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Student Involved:-01

Category:- #NSS#Student Involvement#Volunteer Spirit.





राष्ट्रीय एकता शिविर की डैक्लामेशन स्पर्धा में जीवीएम की अनुष्का रही द्वितीय स्थान पर

सवेरा न्यूज/सुनील कुमार सोनीपत : कुरुक्षेत्र विश्वविद्यालय, कुरुक्षेत्र के तत्वावधान में 11 से 17 नवंबर तक आयोजित किये गये राष्ट्रीय एकता शिविर की डैक्लामेशन स्पर्धा में जीवीएम गर्ल्स कालेज की बीकॉम द्वितीय वर्ष की छात्रा अनुष्का ने द्वितीय स्थान हासिल किया। संस्था के प्रधान डा. ओपी परूथी व प्राचार्या डा. मंजुला स्पाह ने अनुष्का को बधाई देते हुए उनके उज्वल भविष्य की बधाई दी। जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी रूचिका विरमानी ने बताया कि एक भारत श्रेष्ठद् भारत की थीम पर आयोजित राष्ट्रीय एकता शिविर के लिए चुनी गई अनुष्का ने शिविर में बेहतरीन प्रदर्शन

राष्ट्रीय एकता डिक्लेमेशन स्पर्धा में अनुष्का रही द्वितीय

NATIONAL INTEGRATION CAMP



सोनीपत | कुरुक्षेत्र विश्वविद्यालय के तत्वावधान में 11 से 17 नवंबर तक आयोजित शिविर का राष्ट्रीय एकता शिविर की डिक्लेमेशन स्पर्धा में जीवीएम

47. 150th Anniversary of National Song Vande Mataram

November 14, 2025

GVMGC, Campus

The NSS Unit of GVM Girls College, Sonipat organised an inspiring and patriotic programme to commemorate the 150th anniversary of India's national song "Vande Mataram." The celebration began with the formation of a human chain by NSS volunteers symbolising unity, national integrity and collective responsibility towards the nation. Students enthusiastically chanted "Vande Mataram," creating an atmosphere charged with patriotic fervour. The central themes of the session were "Viksit Bharat" and "Make in India" encouraging youth to take pride in the nation's progress and potential.

A series of creative competitions were also organised as part of the celebration including Poster Making, Slogan Writing and Portrait Making. Students from various departments participated with great enthusiasm showcasing their creativity and nationalistic spirit. In Poster Making Competition, NSS volunteer Anuradha(B.A 2nd Year) got 1 Position, Prachi(B.A 1st Year) got 2nd Position, Reema (B.A 2nd Year) got 3rd Position. In the Slogan Writing Competition, Priya Kashyap(B.Com (H) 3rd Year) got 1 Position, Tannu(B.A. 2nd Year) got 2nd Position. In the Portrait Competition, Tannu B.A 2nd Year got 1 Position, Anisha (B.Com SFS 1st Year) bagged 2nd position and Dimple (B.A 1st year) got 3rd Position.

The judgement for all competitions was carried out by Lt. Dr. Priyanka and Ms. Monika who appreciated the creativity and sincere efforts of all participants. The Principal, Dr. Manjula Spah congratulated the winners and applauded the NSS Unit for organising a meaningful event that reinforced the significance of India's national heritage. NSS Programme Officer, Ms. Ruchika Vermani expressed gratitude to the volunteers for their wholehearted participation.

Purpose: To encourage youth to take pride in the nation's progress and potential.

Beneficiaries:- students and society

Students Involved: 48

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





जीवीएम गर्ल्स कॉलेज में राष्ट्रीय गीत ह्यवंदे मातरम के 150 वर्ष पूर्ण होने पर विशेष कार्यक्रम

- वंदे मातरम केवल एक राष्ट्रीय गीत नहीं, बल्कि भारत माता के प्रति हमारे सम्मान, समर्पण और गौरव का प्रतीक

सवेरा न्यूज/योगेश सूद

सोनीपत, 15 नवंबर : एनएसएस इकाई, जीवीएम गर्ल्स कॉलेज ने राष्ट्रीय गीत ह्यवंदे मातरम की रचना के 150 वर्ष पूर्ण होने के उपलक्ष्य में महाविद्यालय परिसर में विविध कार्यक्रमों का सफलतापूर्वक आयोजन किया गया। इस विशेष अवसर पर छात्राओं ने देशभक्ति की भावना से ओतप्रोत होकर मानव श्रृंखला का गठन किया तथा सामूहिक रूप से वंदे



कार्यक्रम के अंतर्गत आयोजित पोस्टर मेकिंग, कोलाज एवं स्लोगन राइटिंग प्रतियोगिता। ने जिस उत्साह और अनुशासन के बोगदान एवं देश की प्रगति में निभाई

प्रतियोगिता का भी आयोजन किया गया। पोस्टर मेकिंग प्रतियोगिता में अमरुल्लथा, प्राची तथा रीमा ने भाग लिया। स्लोगन राइटिंग प्रतियोगिता में प्रिया कश्यप एवं तन्नु शामिल रहीं। पोर्ट्रेट प्रतियोगिता में तन्नु, अनिषा तथा डिम्पल ने अपनी प्रतिभा प्रस्तुत की। सभी प्रतियोगिताओं का मूल्यांकन लेफ्टिनेंट डॉ. प्रियांका एवं मिस मोनिका द्वारा किया गया। छात्राओं ने अत्यंत रचनात्मकता, कला कौशल और विषय ज्ञान का प्रदर्शन किया। एनएसएस की सभी स्वयंसेविकाओं ने सक्रिय रूप से प्रतिभाग कर कार्यक्रम को सफल बनाया।

महाविद्यालय प्रशासन ने सभी

48. NSS Orientation Programme and PFMS Training

November 27, 2025

MDU, Rohtak

NSS Programme Officer Ms. Ruchika Vermani represented GVM Girls College at an Orientation Programme and PFMS Training held at Maharshi Dayanand University, Rohtak organised by State NSS Cell, Haryana. Taking a proactive lead in administrative excellence, she engaged in specialized training under the Ministry of Youth Affairs and Sports to master the Public Financial Management System (PFMS).

Her participation was instrumental in aligning our unit with the latest digital financial standards, focusing on enhancing transparency, efficient fund flow mechanisms, and precise documentation. By bridging the gap between state-level guidelines and college-level execution, she has ensured that our NSS unit remains a model of accountability and operational efficiency.

The program, held at the Tagore Auditorium, was organized by the NSS Cell of MDU to strengthen the fiscal management of Grant-in-Aid (GIA) and Self-Financing Units (SFU) across Haryana. Prof. Rajbir Singh, Hon'ble Vice-Chancellor of MDU, acting as Patron-in-Chief, and Chief Guest Dr. Dinesh Kumar, State NSS Officer (Haryana), both emphasized that robust financial management is the backbone of successful youth welfare initiatives.

The training successfully reinforced the infrastructure required for impactful community service, with Ms. Ruchika Vermani's active role ensures that our college continues to lead in the professional and disciplined implementation of all NSS mandates.

Purpose: To align our unit with the latest digital financial standards

Beneficiaries:- students and society

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit





49. Awareness Campaign on 'Parali Ek Punji'

November 26, 2025

**GVM Girls College,
Sonapat**

The NSS Unit of GVM Girls College successfully organized a strategic awareness campaign titled "Parali Ek Punji" (Stubble - An Asset), aimed at educating students and the community on the environmental benefits of crop residue. The initiative focused on discouraging the harmful practice of stubble burning by promoting scientific recycling techniques, biomass management, and eco-friendly measures to reduce air pollution.

Under the guidance of NSS Programme Officer Ms. Ruchika Vermani, the campaign concluded with an innovative Video Making Competition. Volunteers produced creative presentations on themes such as "Smart Seeds," "Pollution. Control," and "Sustainable Farming" to inform the public about safer agricultural alternatives. The entries were judged by Dr. Manita and Ms. Rashmi, with Alankrita (M.A. 1st Year) securing the first prize and Tannu (BA 2nd Year) securing the second position. The third position was shared by Khushi (B.Sc. Life Science 2nd Year) and Sakshi (B.A. Geography 2nd Year), while Dimple (B.A. 1st Year) and Anisha (B.Com Hons. 1st Year) bagged the consolation position.

Dr. O.P. Pruthi, President, GVM Group of Institutions, and Principal Dr. Manjula Spah appreciated the efforts of NSS volunteers, encouraging them to utilize social media and community outreach to advocate for environmental conservation and sustainable agricultural practices.

Purpose: To discourage the harmful practice of stubble burning

Beneficiaries:- students and society

Students Involved: 50

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,
GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit

पराली एक पूंजी जागरूकता अभियान

सवेरा न्यूज/योगेश सूद सोनीपत : जीवीएम गर्ल्स कॉलेज के एनएसएस सेल द्वारा पराली-एक पूंजी शीर्षक से जागरूकता अभियान आयोजित किया गया, जिसका उद्देश्य विद्यार्थियों और आम समुदाय को फसल अवशेष के पर्यावरणीय उपयोग तथा पराली जलाने से होने वाले दुष्परिणामों के बारे में जागरूक करना था। कार्यक्रम में पर्यावरण अनुकूल तकनीकों, री-साइक्लिंग के अवसरों और धुएँ से होने वाले वायु प्रदूषण में कमी लाने के उपायों पर विशेष रूप से प्रकाश डाला गया। इस मौके पर जीवीएम समूह के अध्यक्ष डॉ. ओ.पी. परूथी तथा प्राचार्या डॉ. मंजुला स्पाह ने स्वयंसेवकों की सराहना करते हुए ऐसे अभियान युवाओं में जिम्मेदार नागरिकता की भावना विकसित करने में महत्वपूर्ण बताया। उन्होंने कहा कि स्वयंसेवकों द्वारा बनाए गए वीडियो को सोशल मीडिया पर पोस्ट करके जागरूकता बढ़ाएंगे। अभियान के अंतर्गत वीडियो मेकिंग प्रतियोगिता का आयोजन किया गया, जिसमें स्वयंसेवकों ने अपने नवोन्मेषी विचार प्रस्तुत किए। प्रतिभागियों ने स्मार्ट सीडर्स, बायोमास रूपांतरण, वायु प्रदूषण नियंत्रण, और सतत कृषि पद्धतियों पर आधारित प्रभावी एवं जागरूकता वीडियो तैयार किया गया जो किसानों और आम जनता में जागरूकता बढ़ाने के लिए एक प्रभावी माध्यम साबित हुए। प्रतियोगिता में विभिन्न विभागों के विद्यार्थियों ने उत्साहपूर्वक भाग लिया। परिणाम इस प्रकार रहे प्रतियोगिताओं में अलंकीता (एम.ए.-1) - प्रथम स्थान, (बी.ए.-2) - द्वितीय स्थान, खुशी (बी.एससी. एल.सी.-2) और साक्षी (बी.ए. जियो-2) - संयुक्त तृतीय स्थान व डिम्पल (बी.ए.-1) और अनीशा (बी.कॉम एसएफएस-1) सांत्वना पुरस्कार प्राप्त किया। प्रतियोगिता का मूल्यांकन डॉ. मनीता और सुश्री रश्मि दहिया द्वारा सामग्री, रचनात्मकता, तकनीकी प्रस्तुति और विषय से प्रासंगिकता के आधार पर किया गया। एनएसएस कार्यक्रम अधिकारी सुश्री रुचिका वमानी ने भी प्रतिभागियों को प्रोत्साहित करते हुए आगे भी समाजसेवा और जागरूकता संबंधी गतिविधियों में सक्रिय रूप से योगदान देते रहने के लिए प्रेरित किया।

50. Run For Swadeshi - National Youth Day

January 12, 2026

Seminar Room,
GVMGC

The NSS Unit of GVM Girls College, in collaboration with the Institution's Innovation Cell, NCC, and Sports department, celebrated Swami Vivekananda Jayanti on National Youth Day. The event was centered on the dual themes of Swadeshi and Youth Empowerment, aiming to instill a sense of national pride and self-reliance among the students.

A major highlight of the day was a three-kilometre "Run for Swadeshi called as Sankalp Run," organized under the leadership of Dr. O.P. Pruthi, President, GVM Group of Institutions, and Principal Dr. Manjula Spah. The celebration also featured a Poster Making Competition, where students showcased their vision for a self-reliant nation. Khushi (BA 1st Year) claimed the first position, followed by Jaya (BBA 2nd Year) and Pranjal (M.Sc Chemistry) in second and third place, respectively.

Dr. O.P. Pruthi, President, GVM Group of Institutions extended their heartiest congratulations to the organizers, noting that following Vivekananda's teachings is the key to personal and national success. Chief Guest Dr. Sandeep Suneja, Trainer, Nandi Foundation specifically advised students to prioritize "target management" over simple time management to achieve impactful results. The event concluded with a collective pledge to transform the ideals of Swami Vivekananda into a reality for a stronger India.

Purpose: To instill a sense of national pride and self-reliance in the students.

Beneficiaries:- students and society

Students Involved:- 107

Staffincharge:Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit



राष्ट्रीय युवा दिवस पर हुई प्रतियोगिता, खुशी ने

सोनीपत, 12 जनवरी (ब्यूरो): स्वामी विवेकानंद जयंती को जी.वी.एम. गर्ल्स कालेज में राष्ट्रीय युवा दिवस के रूप में मनाया गया, जिसका नेतृत्व एन.एस.एस. इकाई ने किया। एन.एस.एस. इकाई के संयोजन में एन.सी.सी., वाई.आर.सी.-आर.सी.सी. तथा आई.आई.सी. और खेल इकाई ने संयुक्त रूप से राष्ट्रीय युवा दिवस का आयोजन किया।

समारोह का शुभारंभ मुख्यातिथि के रूप में नंदी फाउंडेशन के ट्रेनर डा. संदीप सुनेजा तथा प्राचार्या डा. मंजुला स्पाह ने दीप प्रज्वलित कर किया। एन.एस.एस. इकाई की कार्यक्रम अधिकारी रुचिका विरमानी, वाई.आर.सी.-आर.सी.सी. को-



राष्ट्रीय एकता की शपथ दिलवाती प्राचार्या मंजुला स्पाह।

आर्टिनेटर डा. पूजा गुलाटी ने चरित्र निर्माण व राष्ट्रनिर्माण के महत्व से अवगत करवाया।

इस मौके पर 3 किलोमीटर की रन फॉर स्वदेशी-संकल्प दौड़ का आयोजन किया गया। साथ ही कालेज की आई.आई.सी. सैल ने पोस्टर मेकिंग कंपीटिशन का

आयोजन करवाया, जिसकी खुशी ने प्रथम वर्ष की तान्या ने ट्रि कैमिस्ट्री उत्तरार्ध की स्थान हासिल कि निर्णायक मंडल की

रन फॉर स्वदेशी संकल्प दौड़ का किया आयोजन

स्वामी विवेकानंद जयंती जीवीएम कन्या महाविद्यालय में राष्ट्रीय युवा दिवस के रूप में हर्षोल्लास से मनाई है। एनएसएस इकाई ने तीन किलोमीटर की रन फॉर स्वदेशी संकल्प दौड़ के साथ पोस्टर मेकिंग

प्रतियोगिता का आयोजन किया गया। पोस्टर

51. Training Programme on Leadership and Team Building

20 Jan to 23 Jan 2026

RGNIYD, Chandigarh

A four-day Leadership and Team-Building Training Programme under the National Service Scheme (NSS) was successfully organised at the Rajiv Gandhi National Institute of Youth Development (RGNIYD), Chandigarh from January 20 to January 23, 2026. The programme aimed at nurturing leadership qualities and strengthening team-building skills among NSS volunteers.

Dimple, an enthusiastic NSS volunteer from G.V.M. Girls College was selected to represent the institution and got a valuable opportunity to participate in this prestigious training session. The main objective of the programme was to prepare young volunteers to take leadership roles in community development and social service activities.

The training sessions were conducted by experienced and renowned resource persons who delivered interactive lectures, group discussions, role-plays and practical activities. These sessions focused on developing communication skills, decision-making abilities, problem-solving techniques and effective teamwork.

She actively participated in both training and cultural activities, bringing laurels to G.V.M. Girls College. The President GVM Group of Institutions, Dr. O.P. Pruthi and Principal, Dr. Manjula Spah congratulated Dimple for her remarkable achievement and extended their best wishes for her bright future. NSS Programme Officer Ms. Ruchika Vermani appreciated her efforts.

Through such initiatives, NSS continues to nurture responsible, compassionate, and socially aware individuals committed to serving humanity.

Purpose: To foster social responsibility, community engagement.

Beneficiaries: Students

Students Involved: 1

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS GVMGC

Category: #NSS#Student Involvement#Volunteer Spirit



52. Republic Day Celebration

26th January, 2026

GVMGC Campus

The 77th Republic Day was celebrated with great enthusiasm at GVM Girls College where Principal Dr. Manjula Spah hoisted the National Flag. On this occasion, Institution President Dr. O.P Pruthi and the Principal Dr. Manjula Spah extended warm greetings to the college fraternity and all citizens on Republic Day.

The grand ceremony was jointly organized by the NSS Unit, NCC Unit, Women Cell, University Outreach Programme (UOP) Team, Road Safety Club, IIC Cell and the Sports Department. Addressing the gathering, Chief Guest, Principal, Dr. Manjula Spah highlighted the significance of Republic Day and emphasized the core constitutional values of justice, liberty, equality, and fraternity. Vice-Principal, Dr. Suman Nasa also shared detailed insights about the Constitution.

Students from various units presented vibrant patriotic cultural programmes.

Saloni and Preeti gave solo singing performances while Sameeksha and Khushi delivered speeches. Kajal, Bulbul and Sonal recited patriotic poems. NSS volunteers presented a Kashmiri group dance and Gunjan gave an energetic Rajasthani solo dance performance. A Bengali solo dance was also beautifully presented.

Through such initiatives, NSS continues to nurture responsible, compassionate, and socially aware individuals committed to serving humanity. NSS shapes confident, empathetic individuals dedicated to building a better and more humane world.

Purpose: To foster patriotism, social responsibility, community engagement.

Beneficiaries: Students

Students Involved: 144

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS

Category: #NSS#Student Involvement#Volunteer Spirit





53. Participation in Yuva Aapda mitra scheme

February 05, 2026

BITS (Mohana)

The NSS volunteers of G.V.M. Girls College played an active role in the Yuva Aapda Mitra Management Training organized under the aegis of the District Disaster Management Authority at BITS Mohana from January 30 to February 5, 2026.

The President of GVM Institutions, Dr. O.P. Pruthi and the Principal, Dr. Manjula Spah encouraged the volunteers to share the benefits of the training with their classmates, family members and relatives.

The main objective of the training was to provide youth with practical and technical knowledge related to pre-disaster preparedness, emergency response, first aid, relief and rehabilitation so that they could work as strong human resources for society during disaster situations. The training sessions were conducted under the guidance of Project Officer and District Disaster Management Nodal Officer Mr. Vineet Kadyan. During the training, the NSS volunteers were made aware of effective strategies to deal with natural and man-made disasters.

At the conclusion of the programme, the volunteers resolved to use the training and experiences gained in the service of society and the nation. They also pledged to remain always ready to serve in any disaster situation. By combining service, skill-building, and adventure, NSS shapes confident, resilient, and well-rounded individuals prepared to face life's challenges with determination and positivity.

Purpose: To foster social responsibility, community engagement.

Beneficiaries: Students and Society

Students Involved: 20

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS

Category: #NSS#Student Involvement#Volunteer Spirit



जीवीएम की एनएसएस की स्वयंसेविकाओं ने युवा
आपदा मित्र प्रबंधन प्रशिक्षण में निभाई सक्रिय भूमिका



54. Inaugural Ceremony "Special Olympics Bharat" (one day University Level Camp)

3 Feb, 2026

MDU, Rohtak

The volunteers of the NSS Cell of Gvm Girls College, Sonipat actively participated in the Inaugural Ceremony of the "Special Olympics Bharat" National Athletics Championship 2025-26, held at Maharshi Dayanand University (MDU), Rohtak.. The event was organised at the university stadium under the aegis of the NSS Cell, MDU.

The prestigious national-level championship witnessed the participation of around 500 athletes and 120 officials from different states of the country highlighting the grand scale and importance of the event. The programme aimed at promoting inclusivity, sportsmanship and respect for specially-abled athletes.

On this occasion, the NSS volunteers of GVM Girls College displayed remarkable discipline, dedication and a strong sense of social responsibility. They played an active role in event management, coordination, hospitality and welcoming of guests thereby contributing significantly to the smooth conduct of the championship.

The Institution Head Dr. O.P. Pruthi, Principal of GVM Girls College, Dr. Manjula Spah lauded the efforts of the NSS volunteers and appreciated their commitment towards social service.

The activities of the volunteers were guided by NSS Programme Officer, Ms. Ruchika Vermani who motivated the students to uphold the values of service, sensitivity and social commitment.

Purpose: To foster patriotism, social responsibility, community engagement.

Beneficiaries: Students

Students Involved:20

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS GVMGC

Category: #NSS#Student Involvement#Volunteer Spirit



55. National Integration Camp

February 4 to 10, 2026

Marwari College,
Bhagalpur (Bihar)

Muskan, a dedicated NSS volunteer and a B.Sc. Non-Medical student of GVM Girls College, participated in the National Integration Camp (NIC) organized under the National Service Scheme (NSS) from February 4 to 10 at Marwari College Bhagalpur. The camp was conducted under the aegis of the Ministry of Youth Affairs and Sports, Government of India. A total of ten students from Maharshi Dayanand University, Rohtak participated in the camp, representing their institution at a national platform.

During the camp, a variety of cultural and competitive activities such as dance, singing, acting, rangoli, and poster-making were organized. Muskan actively and enthusiastically participated in these events, demonstrating creativity, confidence, and a strong sense of teamwork.

President of Institution Dr. O.P Pruthi and Principal Dr. Manjula Spah congratulated Muskan for her commendable participation and appreciated her efforts in representing the college at the national level. NSS Programme Officer Ms. Ruchika Vermani highlighted that such camps play a crucial role in shaping responsible citizens and fostering a spirit of service among youth. She further appreciated Muskan's sincere participation and positive contribution throughout the camp.

The National Service Scheme (NSS) continues to play a significant role in the holistic development of students by instilling values of discipline, leadership, and social responsibility. It serves as a dynamic platform where participants engage in collaborative learning, develop leadership skills, and gain exposure to India's rich cultural diversity.

Purpose: To foster patriotism, social responsibility, community engagement.

Beneficiaries: Youth of the country

Students Involved: 01

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS

Category: #NSS#Student Involvement#Volunteer Spirit





56. Training of Programme Officer on Life Skills

February 16, 2026

Regional Centre,
Chandigarh

Ms. Ruchika Vermani, Programme Officer of the NSS Unit at GVM Girls College, Sonipat, actively participated in a five-day “Training of Trainers on Life Skills Education” programme held from February 9 to 13 at the Regional Centre, Chandigarh of Rajiv Gandhi National Institute of Youth Development (RGNIYD), under the Ministry of Youth Affairs and Sports, Government of India.

The training programme was designed to strengthen life skills education and equip educators with innovative, learner-centric teaching methodologies. It focused on empowering trainers to effectively guide young minds by fostering essential life competencies such as critical thinking, communication, emotional intelligence, and decision-making.

As an NSS Programme Officer, Ms. Vermani’s participation reflected her unwavering commitment to student development and her proactive approach towards enhancing the quality of extension activities within the institution. Throughout the programme, she engaged in intensive training sessions, collaborative discussions, and practical learning modules, gaining valuable insights and hands-on experience.

The institution’s head, Dr. O.P. Pruthi, along with Principal Dr. Manjula Spah, congratulated Ms. Vermani on successfully completing the training programme. They appreciated her dedication, enthusiasm, and continuous efforts to upgrade her professional competencies, stating that her learning will positively impact both academic and co-curricular domains of the institution.

Purpose: To foster patriotism, social responsibility, community engagement.

Beneficiaries: Youth and Society

Students Involved: 01

Staff-In-Charge: Ms.RuchikaVermani, Programme Officer, NSS

Category:#NSSProgramme officer#Training for change#Leadership role







57. Intellectual Session Delivered By Programme Officer

**February 14, 2026 Govt. College Behrampur,
Bapauli (Panipat)**

A special intellectual session was successfully conducted on February 14, 2026, at Govt. College Behrampur, Bapauli (Panipat) as part of the seven-day NSS special camp. The session was organized under the guidance of the NSS unit to enhance the personal and social competencies of volunteers. The highlight of the session was an insightful and highly enlightening lecture delivered by Ms. Ruchika Vermani, Assistant Professor (Commerce), Programme Officer, NSS Unit, GVM Girls College, Sonipat. She spoke on the topic "More than a Volunteer: Leadership, Empathy and Life Skills through NSS", emphasizing the importance of developing leadership qualities, empathy, and essential life skills among NSS volunteers.

During the session, she provided comprehensive knowledge about leadership and empathy, along with effective modes of communication and social responsibility. She encouraged students to go beyond routine volunteering and become responsible leaders who contribute meaningfully to society. An engaging and interactive critical thinking session was also conducted, where students actively participated and shared their perspectives. This activity helped in evaluating and enhancing their understanding, while also boosting their confidence and analytical abilities.

Recognizing her commendable efforts and dedication, the college authorities presented her with a Certificate of Appreciation as a token of gratitude. The Principal and faculty members appreciated her impactful session and acknowledged the importance of such initiatives in fostering life skills and leadership qualities among NSS volunteers.

Purpose: To foster life skills and leadership qualities.

Beneficiaries: Youth and Society

Students Involved: 01

Staff-In-Charge: Ms. Ruchika Vermani, Programme Officer, NSS

Category: #NSSProgramme officer #Training for change #Leadership role





58. State Level Adventure Camp

February 17 to 26, 2026

**Manali, Himachal
Pardesh**

An NSS Volunteer of GVM Girls College, Tannu delivered an impressive Performance at the State Level Adventure Camp held in Manali. The camp was organised under the Ministry of Youth Affairs and Sports, in collaboration with the Atal Bihari Vajpayee Institute of Mountaineering and Allied Sports, Manali.

A total of 102 volunteers from Haryana were selected for the camp including 40 from MDU Rohtak. Tannu, a second-year B.A. student of GVM Girls College was prominently chosen among them. Sharing her experience, Tannu said, she undertook a 70-kilometre trek and successfully climbed to an altitude of 7,200 feet. She also participated in adventure activities such as rock climbing, artificial wall climbing, river rafting and trekking along with visiting the famous Hidimba Temple.

Through participation in adventure camps, trekking expeditions, physical training activities, and outdoor challenges, volunteers develop stamina, courage, discipline, and team spirit. Such experiences push them beyond their comfort zones, strengthen their mental and physical endurance, and nurture leadership qualities.

The President of Gvm Group of Institutions, Dr. O.P. Pruthi and the Principal, Dr. Manjula Spah congratulated her on this remarkable achievement. Ms.Ruchika Vermani, Programme Officer of the NSS Unit encouraged her for the efforts. She expressed pride in being a part of the camp, calling it a unique and memorable experience made possible through her association with NSS.

Purpose: To build physical resilience and foster Cultural exchange

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms.Ruchika Vermani,Programme Officer,NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.



ENROLLMENT NO. 38

REGISTRATION NO. 57181

ATUL BIHARI VAIPATEE INSTITUTE OF MOUNTAINEERING & ALLIED SPORTS, MANALI-175131, DISTRICT KULLU (H.P.)



**GOVERNMENT OF HIMACHAL PRADESH
CERTIFICATE
ADVENTURE PROGRAMME**

COURSE NO. 912th

PERIOD: 17.02.2026 to 26.02.2026

NAME: TANNU D/O SH. MANJIT

ADDRESS: GITA VIDYA MANDIR GIRLS COLLEGE,
SONIPAT

D.O.B: 02-02-2006

GENERAL REMARKS:

She has successfully completed the Adventure Camp and acquired proficiency in elementary skills of Rock Climbing, Rappelling, River Crossing, Trekking, Camping, Jungle Craft, Survival and Leadership.

Adventure Training was conducted in the wilderness of the Himalayas. The trainee was found to be physically fit, co-operative, disciplined and well behaved. She trekked 70 kilometers and attained 7200 feet height.

COURSE INCHARGE



DIRECTOR

REDMI 12

26/02/2026 18:33

59. University Level Camp

February 21-27 , 2026

Chaudhary Devi Lal
University, Sirsa

Proud NSS Volunteer, Komal (B.A. Final Year) of GVM Girls College participated in the Seven-Day University Level NSS Camp organised at Chaudhary Devi Lal University, Sirsa from 21 February 2026 to 27 February 2026.

The seven-day NSS camp was organised with the objective of promoting social responsibility, youth development, and community engagement among volunteers. The camp commenced with a formal inaugural session where the Hon'ble Vice Chancellor addressed the volunteers, highlighting the importance of the five C's—Character, Competence, Confidence, Creativity, and Commitment.

During the camp, Komal actively participated in various activities including yoga sessions, community interaction, awareness rallies, cleanliness drives, and visits to the adopted village. She also attended expert lectures on cyber security, digital literacy, stress management, swadeshi awareness, HIV/AIDS awareness and testing, and the role of youth in nation-building. Her active involvement in evening cultural programmes reflected her confidence, teamwork, and cultural spirit.

Through her consistent efforts, discipline, and active participation, she effectively Contributed to the success of the camp. Her participation and efforts were highly appreciated by the President of the institution, Dr. O. P. Pruthi, and the Principal, Dr. Manjula Spah. The Programme Officer, Ms. Ruchika Vermani, also applauded her dedication, discipline, and enthusiastic involvement throughout the camp.

Purpose: To foster Cultural exchange and skills.

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms.Ruchika Vermani,Programme Officer,NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.





60. One Day Camp On Social Media And Anxiety

February 25, 2026

Village , Tharu

A one-day NSS camp was successfully organized by the NSS Unit of GVM Girls College at Tharu Village under the guidance of Programme Officer Ms. Ruchika Vermani. The camp was based on the theme "Social Media Addiction and Anxiety" with the primary objective of spreading awareness among the rural population about the adverse effects of excessive use of social media. The NSS volunteers actively engaged with the villagers and sensitized them about how uncontrolled use of digital platforms can lead to stress, anxiety, reduced productivity, and social isolation.

As part of the camp activities, a placard-making competition was organized during the morning session to promote creative expression on the theme. The participants enthusiastically presented their ideas through impactful messages and visuals. In the competition, Palak Verma (B.Com Honors, 2nd Year) secured the first position, Lekha (B.Sc Life Sciences, 2nd Year) secured the second position, and Anushka (B.Com Honors, 2nd Year) secured the third position. Consolation prizes were awarded to Jagriti Kaushik (B.Sc Life Sciences, 2nd Year), Khushi, and Nishtha Parashar for their commendable efforts.

The President of the Institution, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, extended their congratulations on the successful organization of the camp and highlighted that social media addiction is becoming a serious concern in today's society, especially among the youth, as it often leads to mental stress and emotional imbalance.

Purpose: To create awareness and promote responsible behaviour.

Beneficiaries: Youth and Society

Students Involved: 50

Staff Incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category: #NSS #Studentinvolvement #CommunityService #VolunteerSpirit





ग्रामीणों को दिलवाया सोशल मीडिया की लत से दूर रहने का संकल्प

■ ठरू गांव में जीवीएम की एनएसएस इकाई का एक दिवसीय शिविर संपन्न

हरिभूमि न्यूज ►► सोनीपत

जीवीएम गर्ल्स कालेज की एनएसएस की स्वयंसेविकाओं ने ठरू के ग्रामीणों को सोशल मीडिया की लत से दूरी बनाने का संकल्प दिलाया। संस्था के प्रधान डा. ओपी परूथी व प्राचार्या डा. मंजुला स्पाह ने सफल आयोजन की बधाई देते हुए कहा कि सोशल मीडिया की आदत तनाव की ओर धकेलती है। जीवीएम की एनएसएस इकाई की कार्यक्रम अधिकारी रूचिका



विरमानी के नेतृत्व में ठरू गांव में एक दिवसीय शिविर का आयोजन किया गया। सोशल मीडिया एडिक्शन एंड एनेग्जायटी विषय को समर्पित शिविर के प्रातःकालीन सत्र में प्लाकार्ड मेकिंग कंपीटिशन करवाया गया, जिसमें बीकॉम ऑनर्स द्वितीय वर्ष की छात्रा पलक

वर्मा ने प्रथम, बीएससी लाइफ साइंस द्वितीय वर्ष की लेखा ने द्वितीय तथा बीकॉम ऑनर्स द्वितीय वर्ष की अनुष्का ने तृतीय स्थान हासिल किया। बीएससी लाइफ साइंस द्वितीय वर्ष की जागृति कौशिक, खुशी व निष्ठा पाराशर को सांत्वना पुरस्कार प्रदान किया गया।

61. District Level Viksit Bharat Youth Parliament

February 27, 2026

SRM University

The District Level Viksit Bharat Youth Parliament was successfully organized on 27th February 2026 at SRM University Delhi NCR under the initiative of Viksit Bharat Abhiyan 2047. The event conducted by the Affairs and Sports Cell along with the NSS Unit, aimed to provide a dynamic platform for youth to express their perspectives on national issues and actively engage in democratic dialogue. Centered around the theme "Lead the Voice of Yuva Shakti" and the sub-theme "50 Years of Emergency: Lessons for Indian Democracy," the program emphasized the importance of democratic values and constitutional awareness.

Students from GVM Girls College proudly represented their institution in the competition, namely Alankrita, Apoorva, and Nikita, showcasing remarkable confidence, intellect, and oratory excellence. Among them, Alankrita (M.A. First Year) secured the First Position, while Apoorva secured the Fifth Position and Nikita secured the Sixth Position, bringing great pride and recognition to their college. Their outstanding performance not only reflected their individual capabilities but also gracefully highlighted the academic excellence and vibrant spirit of GVM Girls College at the district level.

The event concluded on a successful and inspiring note, leaving a lasting impact on all participants. The President of the institution, Dr. O.P. Pruthi, and the Principal, Dr. Manjula Spah, extended their heartfelt congratulations to the winners and appreciated their commendable achievement.

Purpose: To Foster Education and Personality Development.

Beneficiaries: Youth of the Nation

Students Involved: 03

Staff Incharge: Ms. Ruchika Vermani, Programme Officer, NSS, GVMGC

Category: #NSS #Studentinvolvement #Community Service

#VolunteerSpirit





VIKSIT BHARAT YOUTH PARLIAMENT 2026

LIST OF TOP 10 PARTICIPANTS

SR.NO	Name of participants	Institute name	email id	contact no
1	Alankrita Tyagi	GVM Girls College, Sonipat	altyagi05@gmail.com	7988664853
2	Priti Kalara	DCRUST, Murthal	Pritikalara04@gmail.com	9548572363
3	Jayant Sharma	Hindu college of engineering	Jayantsharma1613@gmail.com	9034999340
4.	Nikita	GVM Girls College, Sonipat	nikitasinghmar130506@gmail.com	7206657678
5.	Apurva Sharma	GVM Girls College, Sonipat	apurvajamdagni02@gmail.com	9729696584
6	Sayantana Dalapati	SRM UNIVERSITY	dalapatisayantana169@gmail.com	7386663187
7	Yash	DCRUST, Murthal	yashdhiman525@gmail.com	9253369450
8	Shreya Goel	Hindu College Of Engineering	shreya1654@gmail.com	8930390557
9.	Mayank	Hindu college of engineering	sharmamayank2002s@gmail.com	9350562602
10.	Prabhav Vishwas Sharma	SRM UNIVERSITY	mastroprabhav@gmail.com	8980989667

Jury members:

1. Dr. Neelam Deswal
NSS PO, Hindu Girls College, Sonapat
2. Dr. Niharika Arora
HOD, Political, G.V.M Girls College, Sonapat
3. Dr Neetu Sharma
KL Mehta Dayanand College
4. Ashish Kajal
Additional Public Prosecutor, Govt. of NCT of Delhi
5. Dr. Sujata Rana,
Prof. in Department of Humanities, DCRUST, Murthal.



Dr. Neelam Deswal

62. University Level Camp

March 15-21, 2026

**Chaudhary Bansi Lal
University, Bhiwani**

Proud NSS Volunteer, Palak Chauhan (BSc computer science First year) of GVM Girls College participated in the Seven-Day University Level NSS Camp organised at Chaudhary Devi Lal University, Sirsa from 15 March 2026 to 21 March 2026.

The seven-day NSS camp was organised with the objective of promoting social responsibility, youth development, and community engagement among volunteers. During the camp, Palak actively participated in various activities including yoga sessions, community interaction, awareness rallies, cleanliness drives, and visits to the adopted village. She also attended lectures on the theme. personality development and cyber security. Her active involvement in evening. cultural programmes reflected her confidence, teamwork, and cultural spirit. Through her consistent efforts, discipline, and active participation, she effectively contributed to the success of the camp.

The National Service Scheme (NSS) promotes the spirit of selfless service, social responsibility, and active citizenship among youth, enabling them to become responsible individuals dedicated to community welfare and nation-building.

Her participation and efforts were highly appreciated by the President of the institution, Dr. O. P. Pruthi, and the Principal, Dr. Manjula Spah. The Programme Officer, Ms. Ruchika Vermani, also applauded her dedication, discipline, and enthusiastic involvement throughout the camp.

Purpose: To foster Cultural exchange and skills.

Beneficiaries:- students and society

Student Involved :01

Staff incharge: Ms. Ruchika Vermani, Programme Officer, NSS,GVMGC

Category:- #NSS#Student Involvement#Volunteer Spirit.

