**SUMMARY OF LESSON PLANS OF COLLEGE FACULTY**

**Name of College:** G.V.M GIRLS COLLEGE **Academic Session:** 2017-18 **Semester:** Odd **For the month of** AUGUST-NOV2017

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| ***S. No.*** | ***Name of Assistant Professor*** | ***Subject*** | ***Topics/Chapters to be covered*** | ***Academic activity to be organized*** | ***Topic of Assignments/Tests to be given to the students*** |
| 1 | Ms. Monika Chandna | BA-Ist  Sem-I  Home Management | UNIT-1  1-8-17 TO 22-8-17  1. Concept of Home Science, definition, meaning and scope of Home Science. 2. Housing-functions of Home, selection of site for an ideal house-soil, locality and orientation.3. Kitchen garden-meaning and utility of kitchen garden, planning & raising of kitchen garden, types of manure. | yakult | Kitchen garden-meaning and utility of kitchen garden, planning & raising of kitchen garden, types of manure. |
|  |  |  | Unit-2   |  | | --- | | 23-8-17 TO 5-9-17 | | 1. Elements of art-line, texture, form , texture size, shape & colour. Characteristics of colour and colour schemes. 2. Principles of art-harmony, balance, proportion, rhythm, emphasis, in relation to interior decoration and flower arrangement. | | Visit at dominos | Classification of human and material resources, similarities of different resources. |
|  |  |  | |  | | --- | |  | | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | 1. Consumer protection-buying problems of consumer, consumer protection act-rights and duties of consumer. 2. Meaning of Home Management, process of Home Management-planning, controlling and evaluation. 3. Classification of human and material resources, similarities of different resources. | | |  | | |  | | --- | | UNIT-4 | | 6-10-17 TO 30-10-17 |   1. Management of family resources-money management, meaning, types of income, process of money management, budgeting, keeping of records, evaluation. 2. Time management, process of time management, time plans, peak loads, rest periods. 3. Energy management, process of energy management, fatigues and its types, work simplification-Meaning and Methods. | |  | Classification of human and material resources, similarities of different resources. |
|  |  | BA-III  Semester-5th | |  | | --- | | UNIT-1 | | 1-8-17 TO 22-8-17 | | Food-classification & functions of food groups Essential food constituents: --Carbohydrates, Protein, Fats, Water, source: functions, recommended daily allowances, effect of deficiency and excess of these food constituents Vitamins-A, D, C, B1, B2,Niacin.Minerals-Calcium, Phosphorus & Iodine. Food source, functions, recommended daily allowances, effects of deficiency & excess of the above. | |  | |  | Food source, functions, recommended daily allowances, effects of deficiency & excess of the above. |
|  |  |  | |  | | --- | | UNIT-2 | | 23-8-17 TO 5-9-17 | | Importance and methods of cooking. Effect of cooking on different nutrients. Methods of cooking, their advantages and disadvantages: Moist heat-Boiling, Stewing, steaming. Dry heat-Roasting, grilling, baking. FryingShallowand deep Microwave cooking in brief | |  | |  | Importance and methods of cooking. Effect of cooking on different nutrients. |
|  |  |  | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | Methods of enhancing nutritive value of food stuffs: --4. Importance of enhancing nutritive value of food stuffs. Methods of enhancing nutritive value of food stuff, sprouting, fermentation, combination, and supplementation. Food Preservation:---3. Importance of food preservation. 4. Causes of food spoilage in brief 5. Methods of food preservation with special emphasis on house hold methods. | | UNIT-4 | | 6-10-17 TO 30-10-17 | | |  | | --- | | Meal Planning:-4. Concept of Balanced diet. 5. Principles of Meal Planning , factors affecting it. 6. Planning meals for : Children-school going child, Adolescents, Adults, Pregnant women and lactating mother. | | concerned practical to be covered ( one ) | | |  | |  | Methods of food preservation with special emphasis on house hold methods.  Meal Planning, Concept of Balanced diet. Principles of Meal Planning , factors affecting it. |
|  |  | B.Sc. HOME SCIENCE Semester – v,Interior space designing  (PRACTICAL) | |  | | --- | | UNIT-1 | | 1-8-17 TO 22-8-17 | | Drawing house plan for LIG,MIG,HIG(PRACTICAL) | |  | |  | |  | |  |  |
|  |  |  | |  | | --- | | UNIT-2 | | 23-8-17 TO 5-9-17 | | Planning furniture arrangement and color schemes for different rooms(PRACTICAL) | |  | |  | |  |  |
|  |  |  | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | . Cleaning and care of metals ,glass and upholstery.(PRACTICAL) | |  | |  |  |
|  |  |  | |  | | --- | | UNIT-4 | | 6-10-17 TO 30-10-17 | | Care and maintenance of equipments –washing machine ,vacuum cleaner,refrigerator,microwave oven ,iron,toaster ,cooking range(PRACTICAL) | |  | |  |  |
|  |  | BSc Home science Sem-III(Extension education)PRACTICAL | UNIT-1  1-8-17 TO 22-8-17  Preparation of Non projected Aids –Chart,Posters,leaflets,phamplets,mobiles,flash card  UNIT-II  23-8-17 TO 5-9-17  Preparations of puppets as a media of communication,writing stories for puppets.  UNIT-III  6-9-17 TO 20-9-17  Visit to a village to see government and voluntary organization in action . |  |  |

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**Name of College:** G.V.M GIRLS COLLEGE **Academic Session:** 2017-18 **Semester:** Odd **For the month of** \_AUGUST-NOV2017

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| ***S. No.*** | ***Name of Assistant professor*** | ***Subject*** | ***Topics/Chapters to be covered*** | ***Academic activity to be organized*** | ***Topic of Assignments/Tests to be given to the students*** |
| 1 | Ms. UPASANA | B.Sc. HOME SCIENCE Semester – I, Introductory Clothing  Theory &practical | UNIT-1  1-8-17 TO 22-8-17   |  | | --- | | Sewing 1. Equipment and tool for measuring , drafting , pinning marking, cutting and sewing. 2. Sewing Machine -Parts and functions, basic operations , defects and remedies, care andmaintenance required. | | concerned practical to be covered ( 0ne ) | | yakult | Sewing Machine -Parts and functions, basic operations , defects and remedies, care andmaintenance required. |
|  |  |  | Unit-2   |  | | --- | | 23-8-17 TO 5-9-17 | | |  | | --- | | 1.Principles of clothing construction. 2. A study of Anthropometric measurements, points to consider while taking body measurements, 2. Importance of taking body measurements and Important body landmarks. | | concerned practical to be covered ( one ) | | | Visit at dominos | Importance of taking body measurements and Important body landmarks. |
|  |  |  | |  | | --- | |  | | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | |  | | --- | | 1.Preparation of fabric before cutting, pattern layout, pinning marking & cutting. 2. Calculation of the amount of fabric required for different garments. | | concerned practical to be covered ( one ) | | | |  | | |  | | --- | | UNIT-4 | | 6-10-17 TO 30-10-17 |   .   |  | | --- | | 1. Importance of clothing,sociological and Psychological aspectsof clothing. 2. Selection of suitable fabrics according to climate, occasion, occupation, fashion & design. | | concerned practical to be covered ( one ) | | |  | Preparation of fabric before cutting, pattern layout, pinning marking & cutting.  Selection of suitable fabrics according to climate, occasion, occupation, fashion & design. |
|  |  | B.Sc. HOME SCIENCE Semester III, Laundry Science and finishing fabrics theory &pratical | |  | | --- | | UNIT-1 | | 1-8-17 TO 22-8-17 | | |  | | --- | | 1. Laundry equipments and their use. 2. Soaps and supplies –Soaps and detergents –Stiffening Agents –Blueing Agents, Bleaching and other Laundry reagents, grease absorbants and solvents, | | concerned practical to be covered ( 0ne ) | | |  | |  | Soaps and supplies –Soaps and detergents |
|  |  |  | |  | | --- | | UNIT-2 | | 23-8-17 TO 5-9-17 | | 1.. Stains–Classification stains, methods of removing different types of stains; 2.Storage of clothes ,.dry-cleaningof clothes(principle & use) 3. Laundering and care of following fabrics-cotton, silk, woolen& synthetics. | | concerned practical to be covered ( one ) | |  | Stains–Classification stains, methods of removing different types of stains; |
|  |  |  | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | 1. Fabric finishes a)Importance of finishing b) Physical–Singing, napping, sizing,tentering and calendring. c) Chemical–Bleaching, Mercerizing. d) Special purpose finishes – Wrinkle resistant, Water resistant & repellant, flame retardant. | | UNIT-4 | | 6-10-17 TO 30-10-17 | | 1. Classification of dyes. a) Natural dyes. b) Direct, acid, basic, sulphur, vat mordant and disperse dyes. 2. Printing i) Styles of printing–Direct, Discharge, Resist, Dyed. ii) Methods of printing–Block printing, Roller printing, Stencil and screen printing. | | concerned practical to be covered ( one ) | |  | Fabric finishes a)Importance of finishing b) Physical–Singing, napping, |
|  |  | B.Sc. HOME SCIENCE Semester – v ,Indian Textiles  Theory &practical | |  | | --- | | UNIT-1 | | 1-8-17 TO 22-8-17 | | Importance of Indian Textiles in historical perspective. | | · Cotton–Muslins and Jamdanis of Bengal and UP Dhotis and saries of Andhra Pradesh, Madhya Pradesh Maharashtra, Karnataka and Tamil Nadu. · Silks and brocades of Varanasi (Kunkhabs), Bengal (Baluchari) Maharashtra (Paithani), Gujrat (Tanchois), Andhra Pradesh, Tamil Nadu and Karnataka. · Woollen–Shawls of Kashmir, Punjab, Himachal Pradesh · Carpet weaving centers of India. | | concerned practical to be covered ( one ) | |  | |  | Cotton–Muslins and Jamdanis of Bengal and UP Dhotis and saries of Andhra Pradesh, Madhya Pradesh Maharashtra, Karnataka and Tamil Nadu. · Silks and brocades of Varanasi (Kunkhabs), |
|  |  |  | |  | | --- | | UNIT-2 | | 23-8-17 TO 5-9-17 | | Indian Hand Embroidery | | · Origin of embroidery in India, its place in everyday life. · Embroideries of different regions –Kashmir, Punjab and Haryana, Himachal Pradesh, Uttar Pradesh, Bihar, Bengal, Gujrat and Banjara tribal embroideries, | | concerned practical to be covered ( one ) | |  | Origin of embroidery in India, its place in everyday life. |
|  |  |  | |  | | --- | | UNIT-3 | | 6-9-17 TO 20-9-17 | | · Dyeing and Printing–Study with reference to the antiquity of the art of dyeing and printing. · Methods of printing techniques-block, screen, roller, resist dyeing and printing techniques. | |  | |  |  |
|  |  |  | |  | | --- | | UNIT-4 | | 6-10-17 TO 30-10-17 | | Bandhanis of Rajasthan and Gujrat. · Batik of Coromandal · Patola of Gujarat, Ikkats of Orissa. · Printing and painting–Styles and methods of printing (Hand block printing, Kalamkari) | | concerned practical to be covered ( one ) | |  |  |

**SUMMARY OF LESSON PLANS OF COLLEGE FACULTY**

**Name of College:** G.V.M. Girls College, Sonipat **Academic Session:** 2017-18 **Semester:** Odd **For the month of** Aug. to Nov., 2017

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| ***S. No.*** | ***Name of Assistant professor*** | ***Subject*** | ***Topics/Chapters to be covered*** | ***Academic activity to be organized*** | ***Topic of Assignments/Tests to be given to the students*** |
| 1 | Ms. Anuradha Goswami | Human physiology | **August**-Cell biology,  Cardiovascular system, |  | Diagrams file on digestive system, kidney, lungs |
|  |  |  | **Sept-**Skeletal system, digestive system |  | Test of digestive system |
|  |  |  | **October**-Reproductive system, nervous system |  | Test of cell biology |
|  |  |  | **Nov**-Excretory ,respiratory system |  |  |
|  |  | Introduction to home management | **August**-Introduction to management, management process |  | Test-techniques of self evaluation |
|  |  |  | **Sept**-decision making, factors affecting making decision, interrelatedness of decision |  | Test-decision making –steps and types |
|  |  |  | **October**-stages of family lifecycle, values goals, standards, resources in family  **Nov**-time (steps and tools),energy cost of various activities |  | Test-factors affecting use of resources |
|  |  |  |  |  | Test –managing energy and energy cost |
|  |  | Child care and rearing practices | **August**-pregnancy, confinement  **Sept**-feeding ,weaning, supplementary food  **Oct-**sleep routine ,toilet training  **Nov**-problems and remedies(feeding, sleep disorder, excessive fear, sibling rivalry, separation anxiety, speech disorder) |  | Test-pregnancy  Assignment-problems and remedies on sibling rivalry, separation anxiety, be wetting, confinement, toilet training  Test-breast feeding and artificial feeding |